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the journal

PEOPLE AND ART

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UNSEALED

Probation Reports:
What we can learn from the 'most important'
documents in the criminal justice system

By Thadeus Greenon

6 Gift horse forest 8 Sand trap 11 Cannabis and cancer 23 Kombucha, barkeep, and make it a double 33 Dance like crazy 46 Rogue cells

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MAILBOX

Coke Is It!

Editor:

I couldn't help but notice the widespread use of gratuitous, brand-specific references in your April 3 issue. In a single piece by Ryan Hurley: "Rolling around on bigger Michelins ... clearly hailed from the Winchester school of diplomacy ... Big Wine has stuffed Chesbro's Dockers with more than \$24,000." ("Buhneisback.") Not to be outdone, Grant Scott-Goforth kicks in "Your Twix just got stuck in the machine," (Blogjammin') and, in another article, "the cost of that flat screen at Target." ("Don't Get Caponed.")

Perhaps this is merely the latest cool trick they're teaching young folks at journalism.school.edu. But I have to wonder whether there might be some mutual backscratching, as I hear happens in Hollywood when labeled products just happen to fall in the camera's field of view.

In any case, I felt sufficiently inspired to fire up my ThinkPad and share this observation. (Note to Lenovo accounts payable: I'll send my account and routing numbers in a separate communique per our prior agreement.)

Richard Engel, Arcata

Just a Taste

Editor:

Ryan Hurley's blurb in the April 3 issue about a bill I introduced, AB 1989, was cleverly written and entertaining to read ("Buhneisback"). But I wonder if Ryan actually did his homework and read the bill, because his piece did not accurately characterize this legislation and sounded a little like sour grapes.

AB 1989 would allow students age 18 to 20, to taste, not drink, wine or beer if those students are taking a required course for a degree in wine or beer making at an accredited college or university. It doesn't include students from other majors taking electives in these programs. I introduced the bill at the request of the University of California, which offers these types of programs at several campuses. There are no wine or beer making programs at either Humboldt State University or at College of the Redwoods. However, there are accredited programs

at Sonoma State and Santa Rosa Junior College.

The change in the law is needed because students majoring in these fields who are under 21 are prohibited from participating in critical tasting and production courses until the end of their academic studies — or, in some cases, not at all. This delay significantly impacts their coursework and eliminates internship opportunities that require an understanding of making wine or beer that only tasting courses can provide.

Twelve states have already passed similar laws. California is a leader in wine production on a global scale — accounting for more than 90 percent of all wine produced in the United States and is also a leader in the craft brewing industry with 422 craft breweries accounting for \$4 billion of the California economy.

This legislation will ensure that our students have the same educational opportunities that are currently offered by our neighbors and will guarantee that our graduates will remain competitive in California's thriving wine and beer industries.

Cheers!

Wesley Chesbro, Arcata

Everywhere a Sign

Editor:

I appreciated reading Carolyn Ayres' letter ("Sign Here," April 3), and I agree with her that the one with the most

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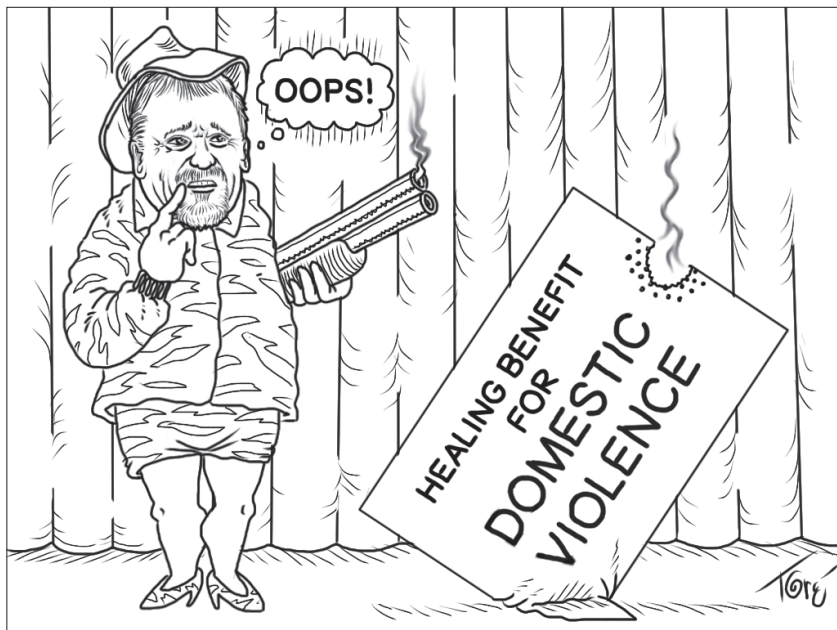
Let's begin with a map and a plan;
then let's fold it and follow,
go where the light shines
stepping in the graceway of the moment.

The shine of my shoes,
in the dew, dark leather in the green.
They squeak like a saddle squeaks only smaller.
The peak of frog song heralds the season of your death.

When I think of Golgotha, I think of dust;
but it must have been spring.
There must have been clouds for the sky to be dark.

Storm herald clouds pass over.
Shanti Shanti and Kyrie in the same breath.

— Tamara Jenkinson



CARTOON BY TERRY TORGERSON

political signs (and most TV commercials), likely has the most financial backing, and is least likely to act in the best interest of the average citizen.

But I fear Ms. Ayres may have missed the larger implication of the story of Fortuna suspending its sign ordinance by passing an urgency ordinance. What was left off the NCJ article ("Blog Jammin," March 20), was that the Fortuna meeting opened with City Attorney Dave Tranberg stating that "one candidate for district attorney had already put signs up in violation of the city's ordinance and that she was currently in violation of the law." Whenever this happened over the past 30 years, the procedure was to notify the campaign in violation of the law and instruct them to please have their signs removed and not be re-installed until the appropriate date. The candidate in this case was Maggie Fleming, who is en-

dorsed by three of the five Fortuna council members. Now since the rules weren't meant to apply to the good ol' boys themselves (or their friends) they simply suspended the law in order to accommodate their candidate.

I'm opposed to any laws that infringe on free speech and, in particular, ones that restrict political speech. Fortuna should eliminate all restrictions. But this story is not about free speech. It's about the culture that ran Humboldt County for most of the last century and one that lost some of its prestige and power in 2002, with the upset defeat of Terry Farmer as DA. Those same folks, including the Deputy Sheriffs Organization, see a chance to reinstate that administration by electing Farmer's former DDA, Maggie Fleming.

That's the real story.

Richard W. Salzman, Arcata

Allow Me

Editor:

We are residents of Eureka, and since our city doesn't feel they can do it, we would also like to offer a formal apology to the Wiyot people (as was done by another letter-writer last week) for the unspeakable events of 1860. Words cannot express how deeply sorry we are for what was done to your people.

*Amy Lennox and the Lennox family,
Eureka*

Editors ...

Editor:

While I am grateful and humbled that my response to John Bennett's article regarding local short film screening opportunities in FilmLand was posted in your paper this week ("Peep My Shorts," April 3), for the sake of my reputation, please note that I did not give my letter its title. It might have been more accurate — and less invasive — if you had titled it "Peep OUR Shorts" — meaning the many people involved with the 47th Humboldt International Film Festival, including the amazing filmmakers whose work will be screened during the four day event. If there is a communal peeping to occur, it's best to have a collective group of shorts. Thank you.

Susan Abbey, Arcata

Comment of the Week

"Boy, howdy! What a way to start the day. The Buhne Tribune almost fills up the hollow place left by 7-0-Heaven's loss. Write on!"

*— L. E. Zerzan Jones, excited about Ryan Hurley's
new Journal column.*

Title Wave

Editor:

I am so pleased that "our boys" will solve all of our problems with a "liquor run" along 199. That makes as much sense as trees on Mars.

Words almost fail me.

Hollie Klingel, Eureka

Write a letter!

Please try to make your letter no more than 300 words and include your full name, place of residence and phone number (we won't print your number). Send it to letters@northcoastjournal.com ●

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Vincent Sanchez mug shot,
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News

OK, McKay

The county's about to seal the deal on a new community forest

By Grant Scott-Goforth

grant@northcoastjournal.com

Humboldt County's board of supervisors is almost certain to get the keys to a \$6.7 million chunk of property in the next several months — even if a few officials are looking in the gift horse's mouth.

The county — with aid from Eureka and other agencies — has been working on a plan to adopt a portion of the McKay Tract for

years. The Trust for Public Land helped raise millions to purchase 1,000 acres of the 7,600-acre parcel from Green Diamond at no cost to the county, and staff from the county's public works department finalized a pitch to the supervisors Monday.

But there are concerns — namely, the cost of maintaining, protecting and policing the property with a tight county budget. "It comes debt-free," says Humboldt County environmental services Deputy Director Hank Seemann, "but it comes with a responsibility to manage and maintain."

In a report released this week, county staff predicts managing the McKay Tract as a community forest would cost more than \$1.5 million over the next five

years, which would be offset by around \$1.2 million in timber and other revenue generated by the forest.

Over the next several decades, timber revenue will rise and cost will diminish, according to county projections. But that doesn't alleviate immediate concerns, particularly with a \$3.6 million projected budget shortfall this year.

Opening the McKay Tract to the public would mean more crime, according to Sheriff's Office Lt. Steve Knight, and an increased burden for the agency with no current plan to fund additional deputies.

The area is currently patrolled by a private security firm, but the sheriff's office still responds to reports of dumping, wood thefts, homeless encampments, motorcycle trespassers and a variety of other crimes. "We've had dead bodies out there," Knight said.

While people regularly trespass on the McKay Tract for recreation and other uses, Knight says usage — legal and otherwise — is sure to increase with public availability.

At Tuesday's board of supervisors meeting, Seemann countered that notion slightly, saying he believes a high number of people currently trespassing on the McKay Tract for recreation decreases

The Tract

\$250,000

Start-up costs.

\$125,000

Management and maintenance (fiscal year 2014-2015) — rising by 1 percent annually.

\$900,000

Road upgrades, over 20 years.

\$500,000

Trail development, over 10 years.

\$245,000

Interest expense (for potential loans needed to cover early costs).

1,000 acres

Size of the initial acquisition being considered by the county in the McKay Tract, which totals 7,600 acres of forestland within the 9,400-acre Ryan Creek watershed.

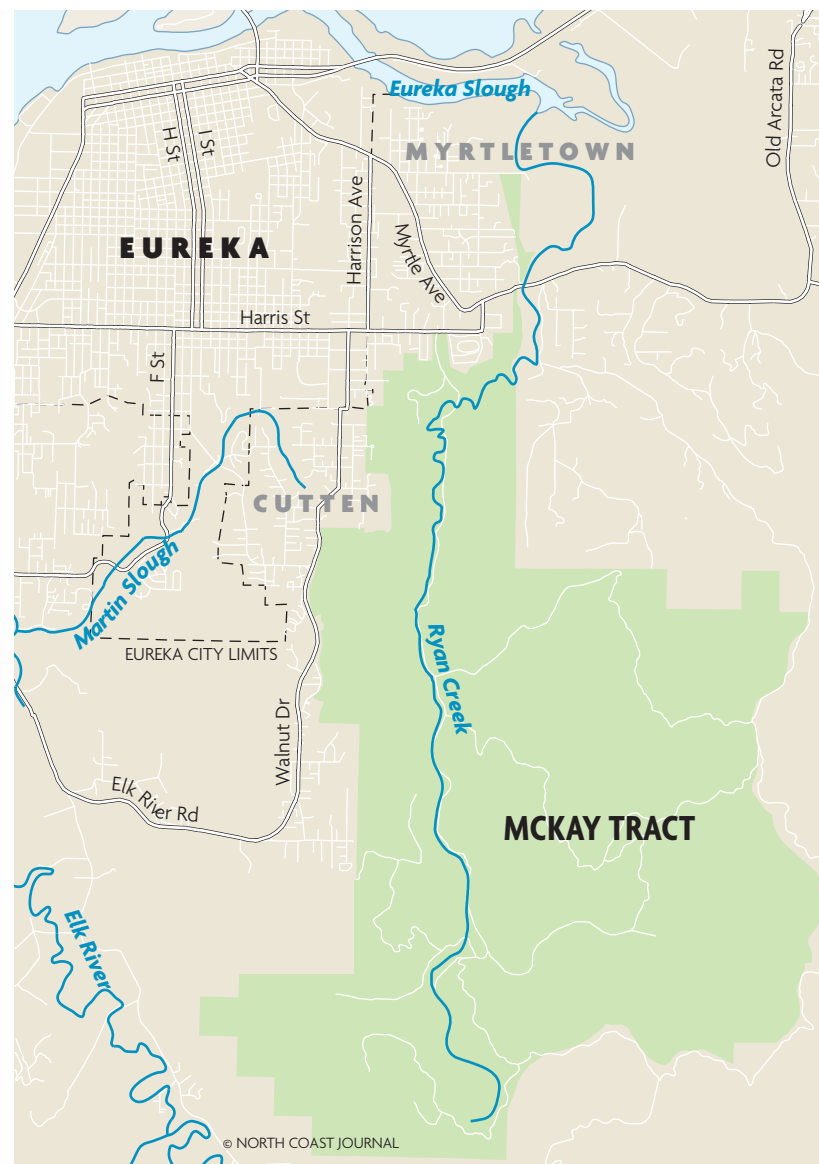
17 miles

Amount of logging roads running through the property.

Redwood Acres and Redwood Fields

Likely initial public access points.

Check out the county's plans online at <https://co.humboldt.ca.us/pubworks/mckayforest>.



Less Errands. More Break Time.

dumping, theft and further illegal activities. He speculated that granting legal public access would help keep crime down. "Allowing the public for appropriate use is an anecdote for conditions like this," he said. And while it's not part of the county's current funding plan, Seemann said an ultimate goal would be to pay for a park ranger position, possibly in collaboration with the city of Eureka.

Arcata's community forest — touted by supporters of the McKay Tract acquisition as a model of success — is regularly patrolled by an Arcata Police Department forest ranger, who also monitors Redwood Park and the marsh. Between April and September, an additional officer is assigned to those areas to deal with regular reports of illegal camping, dogs off leash and loitering.

Arcata Police Chief Tom Chapman said the forest is widely used, and aside from occasional flare-ups of tension between people who use the trail system for different leasures, there are few problems. Arcata's timber harvest used to pay for the ranger position, but now that cost has been absorbed by the police department — a necessary function, Chapman said, evidenced by a rise in illegal encampments and other problems when the department suspended the ranger position for a few years around 2008.

Covering the forest's costs hinges on harvesting timber. A forestry consultant hired by the county projects 24 million board feet could be cut out of the property over the next 50 years for a total net revenue of more than \$10 million.

Turning again to Arcata's forest as a model of success, Seemann said the city has a revenue surplus from timber harvest that's allowed the city to expand its forest and trail network. Good forest management could, optimistically, reduce the county parks' current reliance on the general fund to cover 40 percent of its costs.

If approved by the supervisors on April 15, the county would likely own the forest by June — but public access is still some time off. Entrances to the forest need to be identified and 17 miles of roads need to be upgraded or repaired.

Based on supervisors' reactions Tuesday, the acquisition is all but set to go through. There was a general congratulatory feeling as each of the supervisors thanked the agencies and county staff involved. Lamenting a small crowd in the chambers for Tuesday's discussion, 4th District Supervisor Virginia Bass said, "I believe the community trusts in us that we're making the right decision." ●



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Stuck

A drilling contractor that walked off a main line sewer job blames the city

By Heidi Walters

heid Walters@northcoastjournal.com

A contractor hired by Eureka to install the main line for its new wastewater system walked off the job last week, citing an impasse with the city over how to proceed in conditions the company says are nearly impossible. And now the company, Portland-based Apex Directional Drilling, says it is considering suing to recover its costs.

Apex was working on a section of the Martin Slough Interceptor, a multiphase, \$7 million-plus project jointly funded by the city and the Humboldt Community Services District. The interceptor, which has been planned for decades, is intended to streamline the path of wastewater to the city's Elk River Wastewater Treatment Plant on Humboldt Bay, reducing energy use and costs and, more to the point, the frequency of sanitary sewer overflows and stinky emissions of hydrogen sulfide gas that have long plagued the current system. The project involves getting rid of 16 decrepit sewer lift stations and old clay pipes and diverting waste into an increased-capacity system of modern plastic pipes and one modern lift station.

Apex's job was to drill a hole under Pine Hill, near the Eureka Municipal Golf Course, and place pipe that would connect to other sections of the new system. The company bid \$3.6 million for the job. Apex president, Mike Lachner, says Apex planned to do the job in 12 to 15 weeks, and expected the first task — drilling a pilot bore hole along the entire 4,300-foot section — to take two to three weeks. Instead, he says, it took more than three problem-riddled months to drill the bore hole.



MIKE LACHNER.
COURTESY APEX DIRECTIONAL DRILLING.

"We started shortly after Labor Day, in September, and we didn't achieve pilot until Jan. 11," Lachner says.

The problem, Apex alleges, is the ground through which the hole had to be drilled is mostly wet, sloppy sand and not the relatively stable sands, clays, organics, gravels and silts of the Hookton Formation promised by the project description. It's hard to drill through, Lachner says.

"At 600 feet in, we're still seeing sand," he says. "We kept going, thinking, 'We're going to get into the Hookton soon.'"

Lachner allows they should have quit earlier. Instead they tried adjust-

ing the drill path and changing to lighter tooling, and eventually got through. Meanwhile, he says, Apex kept telling the city the troubles it was having with the drilling, and sent the city's engineering contractor who designed the project, SHN Consulting Engineers & Geologists of Eureka, daily soil analysis reports which, Lachner says, showed the sandy nature of the drill path. The city, he says, kept disagreeing with that assessment and saying to continue. Lachner alleges that SHN only did one soil test hole to verify the formation, and it was an eighth of a mile from the drill site.

Once the bore hole was completed, Lachner says, Apex stopped work and asked the city to revise the plan before the company proceeded with reaming the hole out larger so Apex could feed in the pipe. Among Apex' concerns were a 40-degree bend designed into the drill path that Apex feared, given the sand, would be eroded greatly when the reamer, or later the pipe,

was being fed through the hole, creating excess material to remove and possibly causing the hole to collapse before the pipe was all the way through. Apex also wanted to put steel casing around the exit, to further fend off collapse, and it wanted a straight "laydown" path at the exit of the hole where it could pull its drill steel out. Apex also asked the city to split the millions in overrun costs already incurred.

"We've had countless meetings since Jan. 11," Lachner says. "I mean, we had bags of sand on the conference table at one point."

A couple of weeks into the negotiations, Lachner says, the city agreed to reinforcing the hole at the exit end. But by then, Lachner says, Apex's 12-inch-diameter drill steel had become stuck in the hole, which had collapsed on it.

On March 20, Lachner sent a letter to the city's public works director and city engineers proposing how to get the steel unstuck, and then how to proceed with the project. First, Apex would rent a 1.3 million-pound hammer and employ two massive tow trucks to coax the steel out of the ground. If that didn't work, Apex would insert a steel casing around the steel and try to blast the sand out from around the steel with water. If that failed, the steel was stuck and the job over. If it worked, Apex would work around the clock reaming the hole in stages. The letter said there was a 50 percent chance the reaming process would fail. If it didn't, they'd pull the pipe through. But there was "significant risk" it would get stuck at the bend, or even break.

Apex estimated, all things working out, the work could take another couple of months and asked the city to agree to pay the company on a time-and-materials basis going forward, canceling the fixed-fee part of the contract.

If the project failed, Apex wanted the city to hold it free of obligations and liability, and Apex would do the same for the city.

EUREKA SAND. COURTESY APEX DIRECTIONAL DRILLING.

According to a statement from Jeff Nelson, president of SHN, the city sent a March 25 letter to Apex disagreeing with its claims about a "change of soil conditions" and saying it was terminating Apex's "control over the project work."

The SHN statement says that, because of potential litigation, SHN would not discuss the issue further. It does, however, call Apex's information in a press release last week "inaccurate and misleading."

The city of Eureka is also saying very little. City Engineer Charles Roecklein said by phone Monday that clearly the city and Apex "have a difference of opinion."

When asked if the city had seen the almost daily soil analysis reports that Apex says it sent SHN during the drilling process, Roecklein said, "We have not seen anything to back up their claim that there's a change in soil condition."

Apex, meanwhile, won't release copies of any of those soil analysis reports to the *Journal*, saying it wants to be cautious about releasing anything that might compromise a possible legal case. There's no claim filed, yet, but Apex has retained Eureka attorney John Lopez, who last week said only that "Apex is considering all of its options."

Roecklein says he was surprised that Apex walked away from the project.

"We worked very hard trying to come up with a reasonable way forward with Apex," he says. "We wanted them to finish the job. We were encouraging them to. But we weren't able to get anywhere with them, and that stalled the project. Now I'm focused on moving ahead and getting the job done."

He says the city has identified another contractor to possibly pick up the project where Apex left off, but declined to offer a name. Apex' steel, meanwhile, which Lachner says is worth \$137,000, remains stuck in the ground. Lachner says whoever comes along after them can use it.

BUSINESS / ECONOMY

Pharmacy-Go-Round

Some McKinlevillians were shocked recently to discover that Lima's Pharmacy, at 1711 Central Ave., had morphed over a weekend into a CVS pharmacy. One Lima's customer, Darin Price, found out when he called in a prescription renewal and a CVS phone system asked him to punch in his prescription number.

Price immediately fired off an email to the *Journal* calling it "reprehensible" of Lima's to "sell" his medical information to a national chain without his permission. He surmised this might even be a violation of HIPAA, the Health Insurance Portability and Accountability Act.

"No warning whatsoever, no letter, nothing saying that they were selling my information," Price said later over the phone.

Price filed a complaint with the state Department of Health & Human Services, Office for Civil Rights. And he says a manager at CVS told him his information was now in the company's national database "and there was no way it could be removed."

Ramona Lima, co-owner of the pharmacy with her husband, Bob, said this week over the phone from their Eureka branch — which is not being sold — that they actually began notifying patients of the sale in February.

"We posted a letter at the counter, and we asked all of our patients to read it when they came to pick up their prescriptions," she said.

They also gave individual letters to patients who had their prescriptions delivered. And they notified doctors. In the week before the changeover, Lima's called every person who had a prescription ready to come get it in order to avoid possible delays later; within two days all 450 prescriptions were picked up. A few people, she allowed, still would have missed the notice if they hadn't come in that month or had anything delivered. She'd only heard a couple of complaints, she said.

"I feel bad about Mr. Price," Lima said.

But it was not wrong for Lima's to hand over its patients' medical information to the purchasing pharmacy, according to Joyia Emard, a public information officer with the California Department of Consumer Affairs's Board of Pharmacy.

"When a pharmacy is sold, the records go with the practice," she said.

Emard said a pharmacy is not legally required to notify patients of an ownership change. But state law does require the purchasing pharmacy to keep the old pharmacy's patient information for three years, she said. So it's true Price can't remove his information from CVS's database yet, but after three years he can. And he

can transfer a duplicate of his information now to a new pharmacy (which Price said he has done).

Lima's transfer of Price's (and others') medical information to CVS isn't a privacy violation. "His records are still in the realm of pharmacy," said Emard.

At the new CVS in McKinleyville, in fact, Lima's head pharmacist, Chris Beeman, and many of the other Lima's employees are still there. Ramona Lima said CVS, which courted them, agreed that was best. Employees were allowed to keep their seniority, as well — a 10-year Lima's employee is now a 10-year CVS employee, for example. Everyone except for one temporary employee was offered a position with CVS, Lima said.

For more on the decision to sell Lima's, visit www.northcoastjournal.com.

— Heidi Walters

EMERGENCY / COMMUNITY

Fire Kills Two

Two people killed in a Fields Landing fire the morning of April 5 were, from the Susanville area, visiting friends in town.

Jeffrey Michael Faust, 56, and his longtime girlfriend Sharon Kay Beem, 49, (who also went by the last name Schonrock) died from inhaling carbon dioxide and smoke put off by plastic burning.

Humboldt Bay Fire Chief Ken Woods said the fire appeared to have escaped from a wood stove and ignited kindling or paper surrounding the stove.

— Grant Scott-Goforth

COMMUNITY / GOVERNMENT

Flags Lowered For Madsen

Former 5th Ward Eureka City Council member and police detective Lance Madsen died April 5, after a nearly four-year battle with lung disease.

Madsen, 65, most recently joined the city council in December 2010, just months after learning he was suffering from a lung disorder that causes scarring and thickening of the lungs (see "Lance's Lungs," July 7, 2011). He stepped down early, last December, saying his frequent trips to Stanford for medical treatments were interfering too much with his council duties.

Madsen, a Eureka native, previously served on the city council from 1990 to 1998. Before that, he worked for the city police department from 1973 to 1986, where he was an officer, detective and child abuse investigator. He also was on the board of directors for the Boys and Girls Club and the Eureka Theater project, according to a news release from the city. And he worked for the Humboldt County

continued on next page ►

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BLOG JAMMIN'

continued from previous page

Housing Authority.

The city has ordered that flags be flown at half-staff at city buildings.

— Heidi Walters

COMMUNITY

High Heels, Old Town

Arts Alive! attendees April 5 were greeted by the sound of hundreds of high heels clicking their way down Eureka's streets.

Scores of men donned oversized heels to walk a mile loop through the city to raise awareness about sexual assault and gender violence.

"Of course, the imagery or symbolism is meant for people to imagine themselves in the shoes of the people most likely to be targeted and to show their support," said Paula Arrowsmith-Jones, North Coast Rape Crisis' community outreach coordinator.

The folks at North Coast Rape Crisis said they thought long and hard before launching the local Walk a Mile in her Shoes event, which comes as part of an international effort to stop rape, sexual assault and gender violence. Trademarked by Frank Baird in 2001, Walk a Mile in her

Shoes events occur in cities all over the world. In order to take part in the event and use its name, organizations must agree to give 100 percent of the event's proceeds to a rape crisis center, domestic violence shelter or other organization working toward stopping sexualized violence.

It's not that the local rape crisis folks didn't believe in the cause, they just worried a bit about the imagery of scores of men putting on high heels and parading about. "Our concerns about it, although we understood it was a great event in lots of places, was we didn't want to feed into what we've seen at some other events, where it turns into kind of a mocking of trans-identifying people," Arrowsmith-Jones explained.

Now, if you're scratching your head, wondering if you just heard about another Walk a Mile in her Shoes event in Eureka recently, the answer is no, not really.

Soroptimist International of Humboldt Bay just held its annual event, newly dubbed "High Heels for Healing" April 2 at the Adorni Center. The Soroptimist fundraiser, which features a host of local

businessmen and notables strapping on heels to walk and dance down a runway, used to be named "Walk in her Shoes," until the group received a cease and desist letter from Baird's organization, prompting a name change. As recently as 2010, Soroptimist used proceeds from the fundraiser to fund its scholarships and awards, according to a news report. The group's website doesn't specify where proceeds from this year's event went, though the *Times-Standard* reported April 3 that the event was a "benefit for domestic violence services."

The *Journal's* attempts to reach Soroptimist International of Humboldt Bay were unsuccessful.

— Thadeus Greenson

CRIME / GOVERNMENT

Up-stakes for Camping Law

Hear that huge sigh of relief among cookie-sellers, campaigners, protesters and others wanting to exercise their free speech and sugar-peddling rights over at the swell outdoor digs of the county courthouse?

Soon, they'll no longer be scofflaws when they stake out their awnings on those public premises: On April 1 the Humboldt County Board of Supervisors voted to chuck the ordinance it passed in 2012 to rid the courthouse lawn of a sprawling Occupy Eureka encampment that the city said threatened the health and safety of the community.

Nezzie Wade, vice chair of the Human Rights Commission, says the board acted wisely.

"There was no need for an ordinance, and the human rights commission rightly established that the problems that were there could have been handled by communication, education and accommodation," Wade says.

Actually, the campaigners and cookie-sellers probably don't know they've been breaking the law. Wade says law enforcement has not been enforcing the ordinance. And that, she says, has cast a "false view on the controversy," as Girl Scouts, and campaigners including Virginia Bass, have propped awnings over their tables.

— Heidi Walters

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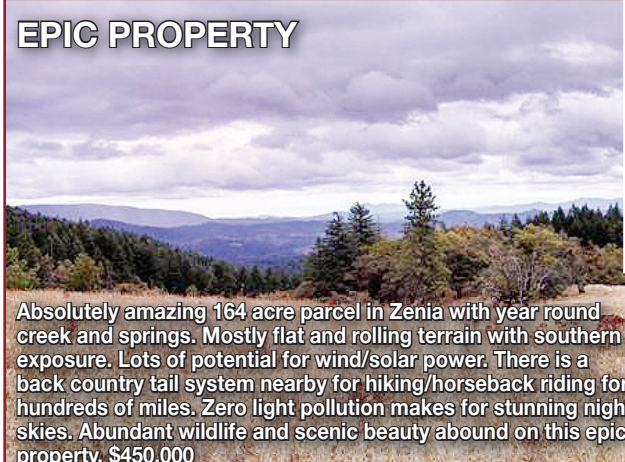
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Snake Oil

By Grant Scott-Goforth

grant@northcoastjournal.com

Cannabis cures cancer. So goes the viral claim, which like most Internet-borne beliefs, is misguided, unfounded and potentially dangerous; and fueled by hope, desperation and frustration.

There's no shortage of "evidence" online. Glossy websites like www.cureyourowncancer.org offer competent-sounding (look, big words!) solutions while sites like Alternet and YouTube offer an anti-mainstream-media forum for testimonials.

Before the stoning begins, here's a thing: Cannabis *has* potential. Several studies listed on the National Cancer Institute's website indicate there's a possibility that cannabinoids — a group of compounds found in cannabis species — may have antitumor effects. Concen-

trated cannabinoids are undergoing some testing, the institute indicates, but haven't been scientifically validated as pain or nausea treatments, let alone cancer cell killers.

Donald Abrams, of the University of California San Francisco, has been an oncologist for 31 years and a cannabis investigator since 1997. He says the whole premise of cannabis curing cancer was started after Manuel Guzman (who co-wrote a chapter of Abrams' book *Integral Oncology*) released a study suggesting that cannabis killed brain tumor cells without harming normal brain cells. "That was a hint that [cannabis] may affect, if anything, brain tumors," Abrams said.

That spawned loads of anecdotal evidence and speculation about all sorts of cancer, from melanoma to breast cancer,

but "any evidence that it cures cancer is, first of all, epidemiologically unfounded," Abrams said. Most of the anecdotal reports, Abrams added, came from patients who were also treated with conventional cancer therapies. (And, if we're going to base this on anecdotes, let's not forget that pot is widely used — 38 percent of Americans have tried it, according to Gallup — and cancer is the second leading cause of death in the U.S.)

That's not to say it doesn't have its uses. "Cannabis is a very useful medicine for cancer symptom management," Abrams said, and he doesn't discount cannabis' *potential* for antitumor effects. "It needs to be studied and we don't really have enough information at this time."

Studying cannabis in the U.S. is nigh impossible, as we know, because a congressional mandate prohibits American researchers from studying the medicinal or therapeutic effects of pot.

That prohibition is an important piece of the thought process that sprung the cannabis-cures-cancer movement. People who are suffering from cancer, or watching loved ones die despite costly, invasive

treatments see two things in cannabis: hope, and someone to blame.

There are few things worse than seeing someone you love die from disease. Who can blame people for latching onto the hope that a cure may exist? But a scary and dangerous side effect of a belief so certain is that others, learning of their own cancer diagnosis, may forego the scientifically rigorous treatments that doctors and researchers like Abrams have dedicated their lives to.

Equally troubling is the antiestablishmentarianism that permeates the cannabis-cures-cancer culture. We, as a nation, have reason to call for an end to the fed's ridiculous prohibition on medical cannabis (and other schedule 1 drug) research. And perhaps no one has more righteous indignation than someone seeking a scapegoat for an unseen killer. Swinging our aim away from cancer and toward the anti-marijuana powers-that-be may be satisfying, but calling the rest of us "brainwashed" for not trumpeting unscientific claims isn't going to help find a cure.

●

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Probation Reports: What we can learn from the 'most important' documents in the criminal justice system

By Thadeus Greenson

Two young people gunned down in the middle of the night at a house party in Arcata. A beloved priest tortured and bludgeoned to death in his Eureka rectory.

Two men killed execution-style in a home in a nice, quiet neighborhood of Eureka.

Each of these crimes stilled the local community, capturing waves of media attention and sending chills of fear and uncertainty through residents who have struggled to make sense of these violent acts. Probation reports recently unsealed by the Humboldt County Superior Court at the prodding of the *Journal* shed new light on the defendants in each of these high-profile cases, and help put the allegations against each of them into a larger context. The documents also raise questions about the paths that each defendant has taken through the criminal justice system.

Since shortly after St. Bernard's Pastor Father Eric Freed was found dead on New Year's Day, the *Journal* has been asking the court to unseal probation reports

(see sidebar). Daniel Macallair, the executive director of the nonprofit Center on Juvenile and Criminal Justice, says the importance of these reports simply cannot be overstated.

"It's probably the single most important document in the criminal justice system," Macallair says. "Roughly 90 percent of the time, judges follow the sentencing recommendation that's contained in the probation department's pre-sentence report." But the report does far more than affect sentencing, Macallair says. It follows the defendant through the corrections system, dictating where and how they will be incarcerated and what services they will receive, drawing a kind of road map to rehabilitation. In Macallair's words, it becomes a "defining document" and one of paramount importance.

The following is a look at what makes up a pre-sentencing investigation probation report, what role the documents play in our criminal justice system and what they tell us about the pending murder cases against Bodhi Tree, Gary Lee Bullock and Vincent Earnest Sanchez.

Bodhi Tree

If you've been following the case against Bodhi Tree, the 28-year-old preparing to stand trial on charges that he shot and killed two young people at an Arcata house party, you know the basics.

You know Tree had been released from state prison just six weeks prior to the morning of May 18, 2013, when gunshots rang out before dawn on Eye Street, leaving 18-year-old Christina Schwartz and 27-year-old Allan "Sunshine" Marcet dead. You probably also know that Tree is facing a charge of attempted murder stemming from the ambush shooting of a Eureka man a couple of days earlier. And, if you've been paying close attention, you might know that Tree was living in a clean and sober house at the time of the shootings and that attorneys recently began the process of selecting a jury for Tree's trial.

But unless you've read the pre-sentence investigation probation report from Tree's 2011 arrest, you probably don't know that he's a paranoid schizophrenic prone to substituting his medication for pints of alcohol. You're likely not aware that Tree

suffered three traumatic injuries before becoming a ward of the court at the age of 15, or that he has 13 prior convictions on his record. And, you're almost assuredly unaware that the report concludes Tree presented a high risk of reoffending, particularly of committing violent offenses, and ominously quotes a prior case report as follows: "Given his mental illness, proclivity to drink, and anti-social mentality, he should be supervised very intensely..."

The 2011 report details the facts surrounding Tree's Oct. 4, 2011 arrest, documenting every turn in the high-speed chase that saw Tree — after consuming more than a pint of whiskey — reach speeds of 100 mph in his friend's Lexus as he attempted to flee police. The report notes how Tree seemed to attempt to run down officers who got in his way, and how he crashed the vehicle multiple times before, when the vehicle could run no more, an officer had to break its driver's side window in order to pull Tree into custody.

But the report also works to put the offense into the context of the life of a young man besieged by a host of chal-

LEFT A EUREKA POLICE DETECTIVE WALKS ON HARRIS STREET NEAR THE SCENE OF A PAIR OF FATAL SHOOTINGS ALLEGEDLY COMMITTED BY VINCENT EARNEST SANCHEZ ON MARCH 26. A PROBATION REPORT FROM SANCHEZ'S 2009 ARREST INDICATES HE HAD SUBSTANCE ABUSE AND MENTAL HEALTH ISSUES THAT LEAD TO A 63-DAY STAY AT A STATE MENTAL INSTITUTION. PHOTO BY THADEUS GREENSON

lenges. Tree was born in Garberville on July 5, 1985, the elder of Warren Edward Jones and Ama Patricia Wickham's two children. Tree was hospitalized twice as a young child, according to the report, once after stepping into a bucket of boiling water as a toddler and again after sustaining severe dog bites. In 1998, when Tree was just 13, his mother died of an aneurism, according to the report. The impact on Tree seems to have been devastating.

He turned to drinking and within months was hospitalized for alcohol poisoning. Then came a string of law enforcement contacts, beginning with a curfew violation in 1999. Arrests for burglary, being drunk in public and petty theft followed. After being named a ward of the court at the age of 15, Tree absconded to Alaska, where he was arrested for drunk driving.

Tree was arrested as an adult for the first time in 2003 at the age of 18, when a family returned to its Fickle Hill Road home to find it vandalized with him inside, "disoriented, confused and delusional," according to the report. Tree was found mentally incompetent to stand trial in the case, and sent to Atascadero State Hospital, where he was diagnosed as having paranoid schizophrenia and given psychotropic medications for the first time. Tree managed to stay out of trouble for several years while on felony probation, but was arrested again in 2007 after he assaulted a developmentally delayed acquaintance who he accused of disrespecting him. Tree "struck the victim with a closed fist approximately 20 times about his head and upper body" before stealing \$100 from him, according to the report.

Again — after a stint in a state mental hospital — Tree was granted probation and stayed out of trouble for a few years, until that night in 2011 when he decided to take the keys to his friend's Lexus and get behind the wheel. A couple of months after that arrest, on Dec. 8, 2011, Tree sat down in a room of the Humboldt County jail to be interviewed by his probation officer.



BODHI TREE, OCT. 4, 2011 (TOP)
AND MAY 18, 2013



"I don't want to keep coming here," Tree said, according to the report. "I want to change my life ... I've been on probation since I was 14. I'm used to having somebody tell me what to do ... I need to figure out what I'm going to do next time I get off probation."

Tree was ultimately sentenced to three years in state prison, but served only a bit more than a year behind bars before being released back into the Eureka community in early April 2013 as a part of California's prison realignment plan. Placed under the post-release community supervision of the Humboldt County Probation Department, Tree was living in a clean and sober house on Eureka's I Street, according to testimony during Tree's preliminary hearing.

But the extent to which Tree was being monitored is unclear. Testimony at the hearing indicated Tree drank heavily on at least seven occasions in late April and early May of 2013. On one of those occasions, a group of men beat Tree up, leaving him with a pair of black eyes after he allegedly groped their female companion, according to the testimony. On six other occasions, Tree drank until he passed out at the Eye Street residence in Arcata.

Humboldt County
Chief Probation Officer

Bill Damiano says the law prohibits him from speaking publicly about specific cases, so he was unable to answer any questions directly relating to Tree. However, speaking generally, Damiano says there's an inherent challenge in dealing with human beings — a little thing called free will.

"The fact that the services exist is one thing, whether a defendant takes advantage of those services and participates in them is another," he says. "Some folks, the moment they get released from custody, they're in the wind ... The fact is we are dealing with some pretty serious criminals in post-release supervision and mandatory supervision, and they're going to do crimes. That's what criminals do."

continued on next page ►

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The rise of probation

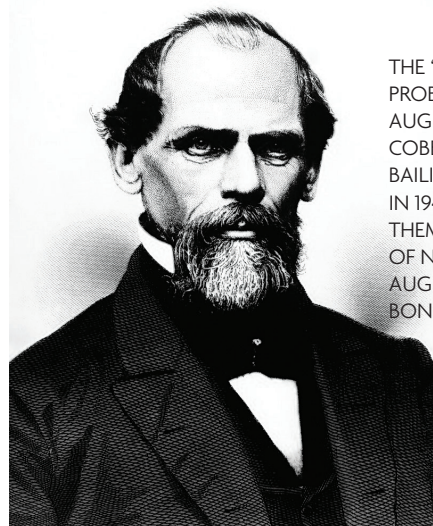
The man universally heralded as the “father of probation” in the United States, wasn’t a judge or even a lawyer. He was a shoemaker.

Born in Massachusetts in 1785, John Augustus was doing well for himself in 1829 — he’d moved to Boston and owned a successful boot-making business. He’d also joined the Washington Total Abstinence Society, which many credit as the reason for his interest in the Boston court system.

Believing alcohol abusers could be rehabilitated through understanding, kindness and guidance, Augustus attended a police court in 1841 with the aim of bailing out a “common drunkard,” according to a report by the New York City Probation Department. The offender, believed to be the nation’s first probationer, was ordered to appear back in court three weeks later for sentencing and returned a sober man, thanks to Augustus’ guidance. On the man’s sentencing date, Augustus delivered what is believed to be the nation’s first pre-sentence investigation report, detailing the defendant’s age, background and criminal history. He then told the court of the actions he’d taken to sober the man up and his plan for finding him both housing and employment.

Augustus spent the next 18 years essentially as a volunteer probation officer, “showing a reformer’s zeal and dogged persistence.” He’d research a defendant’s history and, if he thought he could be rehabilitated, would bail him out and provide a litany of services, helping to find jobs and places to stay. According to the New York City Probation Department, Augustus had bailed out 1,946 men by 1858. Of those, only 10 forfeited their bond, “a remarkable accomplishment by any standard.”

Many felt the nation’s first probation law — passed by Massachusetts Legis-



THE “FATHER OF PROBATION,” JOHN AUGUSTUS, WAS A BOSTON COBBLER WHO BEGAN BAILING OUT OFFENDERS IN 1841 AND REHABILITATING THEM. OVER THE COURSE OF NEARLY 20 YEARS, AUGUSTUS POSTED BONDS FOR NEARLY 2,000 DEFENDANTS AND HIS EFFORTS ARE BELIEVED TO HAVE INSPIRED THE NATION’S FIRST PROBATION LAW.

The Case for Access

For the last couple of months, the *Journal* has been working to access pre-sentencing investigation reports prepared by the Humboldt County Probation Department in the prior cases of some high-profile local defendants.

California Penal Code Section 1203.05 provides that any probation report filed with the court in a criminal case is a public document, open to be viewed by anyone, for 60 days from the date the defendant is sentenced in the case. After that, the document goes under seal and can only be reopened via a petition and court order.

It seems most of us in Humboldt County — local attorneys, court employees, reporters and even the probation department itself — thought that was the end of it. But a closer reading of the statute indicates that probation reports from a defendant’s prior criminal cases once again become public if the defendant is charged with a new crime, according to legal sources. The *Journal* asked a number of local attorneys to review the statute and ran it by the California First Amendment Coalition. All agreed the documents should be opened to the public.

A review of the statute’s legislative history seemed to reinforce the idea that the California State Legislature’s intent was to reopen these documents to public view if a defendant was charged with another crime.

Initially, the Humboldt County Superior Court disagreed, so the *Journal* asked that Judge John Feeney review a specific request to view a probation report from Gary Lee Bullock’s 2012 case in light of the fact that Bullock was facing a new criminal complaint. At first, Feeney told the

Journal it would have to file a petition seeking a judicial review of the request. But the *Journal* argued these documents should be presumed public and not subject to the discretion of a judge. Ultimately, the judge agreed and ordered that the report from Bullock’s 2012 case be unsealed.

The *Journal* then reached out to Judge Dale Reinholtzen, who currently sits as the court’s presiding judge, requesting that he consider releasing several other defendants’ prior reports to the public. Further, the *Journal* asked him to review the court’s policies and consider taking steps to make these documents more readily available as they should be presumed public.

In response to the *Journal*’s request, Reinholtzen indicated he agreed and ordered that the newspaper be given access to the requested documents. The court’s general practice, he said, would be reviewed and was likely only in place because no one had ever pressed the issue.

Humboldt County Superior Court CEO Kerri Keenan said the court is currently reviewing its policy and may announce some changes in the near future. In the meantime, Keenan said anyone wishing to review a current defendant’s prior probation report should submit a request in writing to the court records office. She said the request will then be reviewed by a judge, who will make a determination.

Moving forward, Keenan said she hopes the court will settle on a streamlined and consistent practice. “Sometimes it’s helpful when someone raises a question that makes us re-examine what we’re currently doing,” she said. ●

lature in 1878 — could be attributed to Augustus’ efforts. Once that first law came onto the books, the system spread gradually throughout the country. California developed a statewide probation system in 1903, and the National Probation Act was passed in 1925.

Almost from the beginning, the pre-sentence investigation (PSI) report has played a central role. According to an article by the nonprofit Center on Juvenile and Criminal Justice, a reformation movement in the 1870s advocated an individualized approach toward rehabilitating criminals, giving rise to the era of indeterminate sentencing. In stark contrast to the mandatory minimum sentences that rose to prominence in the 1980s, indetermi-

nate sentencing left almost total discretion to the judge, who was supposed to dole out sentences with an eye toward rehabilitation rather than punishment.

PSI reports of the era reflected this and were largely focused on the offender’s background, psychosocial history and the context of the underlying offense, all focusing on what steps would be necessary to rehabilitate the defendant and successfully reintegrate him or her into society. In 1977, California switched to a determinate sentencing model, offering three tiers of penalty for each felony offense. PSI reports began to change as well, Macallair says, becoming more focused on offenses and less so on offenders.

Gary Lee Bullock

A little over a year before he was arrested for the killing of Eric Freed and became a household name in Humboldt County, Gary Bullock was pulled over near Garberville by a California Highway Patrol officer for not having proper license

plates on his car. The officer determined he was driving under the influence, placed him under arrest and searched him, finding a plastic bag containing a gram of cocaine in Bullock’s pocket.

Bullock’s arrest for possession on Nov. 30, 2012 was widely reported in the aftermath of Freed’s killing, as was the fact that he ultimately pleaded guilty to a misdemeanor and was sentenced to probation. What hasn’t been reported and what wouldn’t be known without looking at Bullock’s PSI report is that the misdemeanor plea agreement only came to be after another fell apart.

According to the report, Bullock initially agreed to plead as charged under a diversion program made possible by section 1000 of the California Penal Code. Under a diversion program, a defendant pleads guilty and agrees to enter a court-ordered treatment program. If he successfully completes the program and stays out of trouble, the conviction disappears from his record. But, to be eligible, a defendant can’t have a prior drug conviction on his record.

Bullock’s probation report found that he pleaded guilty in 2005 to a federal charge of conspiring to manufacture and distribute marijuana and subsequently served more than a year in federal prison. But, while it found Bullock ineligible for diversion, the report noted that drug treatment was in order. The report detailed Bullock’s admitting to a pattern of on-and-off-again cocaine use over the decades leading up to his arrest. The report also details that Bullock said he engaged in a pattern of opiate usage, going through prolonged periods of heavy Vicodin and Norco use, but that he denied ever having withdrawal symptoms with the drugs. “This writer believes that client may have minimized his Vicodin and Norco use in the interview,” the report states.

Born in Santa Barbara as the third of five siblings, Bullock moved to Humboldt County when he was 5 years old, after his parents divorced. At the time of the probation report, he and three of his siblings were living in Redway, as were his father, mother and step-father. In 1999, Bullock married and later had twin daughters. Bullock was employed as a truck driver for years, according to the report, but had recently become unemployed after suffering an injury on the job. He suffered from bouts of anxiety and depression and was taking Celexa, which is commonly used to treat depression.

Within days of the 2011 arrest, Bullock posted bail and enrolled in the Singing Trees alcohol and drug treatment pro-



GARY LEE BULLOCK, DEC. 1, 2012 (TOP) AND JAN. 2, 2014



EUREKA POLICE SGT. STEVE WATSON AT THE SCENE OF THE NEW YEAR'S DAY KILLING OF ST. BERNARD'S PARRISH PASTOR FATHER ERIC FREED. A PROBATION REPORT IN DEFENDANT GARY LEE BULLOCK'S 2012 COCAINE POSSESSION CASE SHEDS NEW LIGHT ON ALLEGATIONS THAT HE MURDERED FREED. PHOTO BY MARK MCKENNA

gram. According to the report, he stayed for two weeks before checking out. "It is recommended that Mr. Bullock be referred to the County Office of Alcohol and Other Drug Programs for outpatient treatment," the report concludes. "As Mr. Bullock attended only two weeks of residential treatment it would benefit him to participate in outpatient treatment group sessions to acquire the recovery skills necessary to maintain sobriety."

Five days after the probation report was presented to the court and Bullock was denied the diversion program, the Humboldt County District Attorney's Office reached a plea agreement under which it dismissed the felony charge and Bullock

pleaded guilty to a misdemeanor. He was sentenced to three years' probation but was not ordered to undergo an alcohol and other drug assessment or enroll in treatment. A little over eight months later, on Dec. 31, 2013, he was picked up for public intoxication after a pattern of erratic behavior in Redway. He reportedly told the arresting officer he was on heroin and methamphetamine.



DANIEL MACALLAIR, CO-FOUNDER AND EXECUTIVE DIRECTOR OF THE NONPROFIT CENTER ON JUVENILE AND CRIMINAL JUSTICE, SAYS PRE-SENTENCING INVESTIGATION PROBATION REPORTS ARE PROBABLY THE MOST IMPORTANT DOCUMENTS IN THE CRIMINAL JUSTICE SYSTEM. A PUBLIC REVIEW OF THE DOCUMENTS WHEN A DEFENDANT REOFFENDS, HE SAYS, CAN HELP HOLD THE CRIMINAL JUSTICE SYSTEM ACCOUNTABLE.

PHOTO COURTESY OF THE CENTER ON JUVENILE AND CRIMINAL JUSTICE

As has been highly publicized, Bullock was held for about eight hours until after midnight on Jan. 1, 2014 and then released from jail. He is then alleged to have broken into the rectory of St. Bernard's Parrish, where police believe he tortured and murdered Freed.

A question of rehabilitation

Sitting in Ramone's coffee shop on Harrison Avenue on a recent Monday morning, Damiano, the Humboldt County probation chief, described how his department develops intervention and supervision plans for the approximately 1,700 offenders it is tasked with reintegrating into society.

The process, Damiano explains, begins with a risk and needs assessment that is a part of the PSI report. The actuarial is designed to assess both an offenders' risk of re-offending, and also to diagnose the services he or she needs to become a productive, law-abiding citizen. The process seems part science, part art.

Damiano's department oversees two types of offenders: those remanded to county supervision as a part of California's new post-release community supervision program and those on formal probation, many of them former state parolees. Under California's new realignment laws, Damiano says he has a plethora of resources to work with the 250 or so people on post-release community supervision — behavioral health staff, psychiatric nurses, mental health clinicians, vocational counselors and more.

On the other end of the spectrum, Damiano says he has virtually no resources to treat the 1,500 or so offenders on formal probation. There's a small bit of money for alcohol and drug services, Damiano says, and he gets some funding to help sex offenders find housing and mental health treatment. But for the vast majority of those probationers, Damiano says, there's little his department can do other than try to supervise them, engage them and refer them to a variety of community-based services.

The system relies heavily on risk assessments, which determine the amount of supervision a proba-

continued on next page ►

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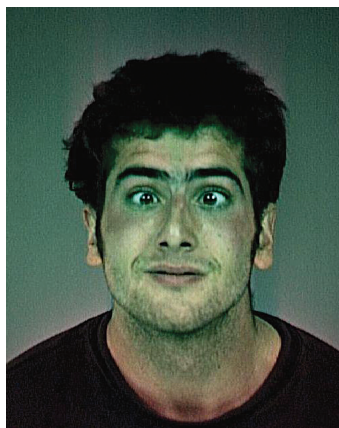
tioner is to receive. Those designated as having a "moderate" risk of reoffending are assigned to a probation officer at a ratio of about 150 to 1. For "high" risk probationers, the ratio drops to about 50 to 1, though Damiano cautions that number will likely jump to 70 or 80 to 1 under next year's budget. The idea, Damiano explains, is that low-risk offenders are folks who have community support systems and coping skills and are generally well on their way. The high-risk offenders are the ones who need constant nudging and guidance to stay out of trouble. They need to learn new thought patterns, new habits and new skills. "You have to get them to see things a different way," he says. A huge part of their success ultimately will depend on a probation officer's ability to develop a relationship with them, Damiano says.

"The challenge is we're dealing with human beings," he says. "You can't make a horse drink the water. You put them into positions to drink the water and hope." Probation officers, Damiano says, are constantly engaged in a balancing act, coming up with intervention plans that figure out how to support an offender when he or she "falls down" and give him or her the best chance at a positive outcome, while at the same time protecting the community.

A huge key in the process, Damiano says, is a proper risk and needs assessment, a process that begins with the PSI report. "It's important so we can look at the whole person because crimes don't occur in a vacuum," he says.

In a recent phone interview from his

office at the Center on Juvenile and Criminal Justice, Macallair says he has mixed feelings about PSI reports being made public. California law provides that the reports are open for public review for 60 days after a defendant is sentenced and then they are placed under seal. There's good reason for this Macallair says, noting it's the state's attempt to balance the public's right to know with the interests of ultimately rehabilitating an offender. "There's a lot of long-term consequences to having unlimited access to documents with this kind of personal information in them," Macallair says. "If our purpose is reintegrating a person back into the community and back into society, then having a tremendous amount of information out there about the details of their personal lives and their offense can be counterproductive. There can also be residual effects that impact not just the offender, but the non-offender who just has the misfortune of being related to this person."



VINCENT EARNEST SANCHEZ, JAN. 12, 2009 (TOP) AND MARCH 27, 2014

But California law also provides that when someone is charged with a new crime, their past probation reports are once again open to the public. Macallair says he understands the reasoning behind this as there's a host of things the community can learn from reviewing the reports.

Vincent Earnest Sanchez

On March 26, Eureka sat in shock for the second time in 2014 as details trickled out about another act of violence. Police had found two men — Freshwater Farms owner Rick Storre, 60, and Lance Delbert Henry, 25 — each dead of a single gunshot wound to the head in Storre's Eureka home.

The suspect in the case, 29-year-old Vincent Earnest Sanchez, Henry's half-brother, was detained at the scene, where he'd apparently stayed since allegedly shooting the two men 24 to 48 hours earlier. News reports of the killings left a host of questions in their wake.

A probation report in Sanchez's 2009

burglary case answers some and raises many more.

Sanchez, who served in the National Guard and was deployed to Egypt in 2005, was arrested on Jan. 15, 2009 in what has to be one of the stranger crimes in recent memory. Officers responded to a report of sounds of breaking glass and metallic banging coming from the Carson Mansion to find a vehicle parked askew out front. While checking the car's license plate, an officer heard a noise coming from the historic building's front porch and observed Sanchez walking toward him "at a brisk pace," according to the report. "(Sanchez) mumbled something about the guy in the back being a pedophile and 'king rune,'" the report states. "He fidgeted where he stood and seemed to be experiencing some kind of inner psychological conflict. (Sanchez) would periodically look left or right as if he had heard something that the officer was not seeing or hearing."

Sanchez was found to be in possession of a sword and a hatchet, and a subsequent investigation revealed he'd completely destroyed a phone line box and electrical panel outside the mansion before using his hatchet to break in. Once inside, according to the report, Sanchez simply walked through the building, using his hatchet to force his way into locked rooms, causing an estimated \$10,000 in damage in the process.

In an interview with his probation officer, Sanchez later explained his actions. "He said he was bored and it had



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been a gloomy day," the report states. "He said he had always wanted to see the Carson Mansion. The day before the present matter, he had been turned away and told he had to be a member of the Ingomar Club to enter the building. He said he returned the next day. ... When asked why he would do such a thing, he stated, 'I was probably just too stoned.'"

The report notes that while Sanchez was found to have no history of mental illness, he was found unfit to stand trial and remanded to a state mental hospital for 63 days because he was "suffering from a substance-induced psychotic disorder due to his long history of substance use, including cannabis, alcohol, cocaine and inhalants."

Born on April 30, 1985 in Vallejo, the only child of Daniel Sanchez and Denise Henry, Sanchez was raised by his mother in Eureka with three half-siblings. Sanchez told his probation officer, according to the report, that his stepfather was physically abusive. At 16, he moved out of his mother's home and in with his maternal grandfather, where he stayed until he turned 18. At the time of his arrest, the report notes, Sanchez was being employed under the table by Storre, earning \$10 an hour for landscaping work — a job he'd held for nine months.

While deeming Sanchez a suitable candidate for probation, the report warns that he "would appear to be in danger of future criminal activity without substance abuse and mental health intervention." Sanchez was sentenced to time served and three years probation in the case.

Into public view

Collectively, these recently unsealed reports raise a host of questions, most centering on the topics of substance abuse treatment, mental health intervention and community supervision.

But back at the Center on Juvenile and Criminal Justice, Macallair said it's important to recognize that missed opportunities for rehabilitation and intervention can be symptoms of larger failings than those of any individual department. Like the crimes of the offenders they work with, probation departments' performances need to be viewed in the proper context, he says.

"It's the largest piece of the criminal justice system, and yet, I think it's been woefully underfunded for at least a generation," he says. But, Macallair says there's a lot that can be learned from a public review of a defendant's past probation reports.

"One of the problems with confidentiality is it gets invoked, and it's sometimes used as a vehicle to protect the system from its own failings," he says. "With these reports out there, you can say, 'So you diagnosed this person as a mentally ill substance abuser? Well what did the system do to address those issues?'"

"I think it's important that the criminal justice system, like any other system, be held to a high level of scrutiny and accountability, and I don't think you can do that without giving a high level of access to information."

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FEATURED THIS MONTH:

NECTAR OF THE GODS

The crew of Nectar of the Gods has a background in comedy, but co-owner Liz Lux isn't joking around when it comes to healthy living through plants. "We're here to bring the medicinal power of plants through food," Lux says of Nectar's sparkling cuisine trailer holding court at Arcata's corner of Seventh and I streets. The mission is emblazoned on the side of the vehicle: "Healing the planet, one drink at a time."

Lux, husband and film student Dominic Gabriel and her writing partner, Kevin Dembinsky share a love of both performance and their burgeoning Nectar business. The company sells herbal drinks, smoothies, cold-pressed juices, teas, herbal extracts and tonics as well as cold-brewed coffees. When customers start to feel the extra boost provided by her concoctions, Lux is ready to up the ante with Nectar's one-to-seven day Godliness Juice Cleanses. "It's a unique relationship that we all have with plants."

LIZ LUX, CO-OWNER
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TABLE TALK



SHOTS, SHOTS, SHOTS OF INFUSED KOMBUCHA. PHOTO BY NATALIE ARROYO

It's Alive and Growing

Bellying up at the kombucha bar

By Natalie Arroyo

tabletalk@northcoastjournal.com

The row of jewel-colored shots lined up on the bar in front of me reminds me of sour candies when I first see and smell them. My array of infused beverages includes lavender lemon, turmeric ginger, tangy blueberry and a Mary flavor with hints of hot peppers, garlic, thyme and fenugreek. It's accompanied by locally sourced kimchee, crackers and olives.

About three months ago, Jeri Vigil and Keil Cronin opened Humboldt's first commercial kombucha business, aptly named "It's Alive" (1612 Old Arcata Road). Vigil, a lavishly tattooed, energetic mom of three daughters, pours me a handled pint jar of Russian kvass made with beets grown in Humboldt County, one of several fermented probiotic drinks the shop is selling on tap. The resemblance of the bar and product packaging to traditional bars and alcoholic drinks is intentional. It's Alive will soon be offering four packs and larger bottles for enthusiasts to bring to a party or order while they're out on the town. Cronin, who moved here from Kansas with dreams of opening a brewery, tells me he wants to be able to hang out at a late night rock show in Arcata, holding a bottle along with his pals. "We like to have an unpretentious approach to health."

Vigil, an herbalist and graduate of the Northwest School of Botanical Studies, is quick to tell me what the drinks have done for her, but reticent about what others will experience. She mentions studies that have linked digestive health with mental health, and talks about the secondary nervous system in the human digestive system, which brings to mind the phrase "gut feeling." Ultimately, though, she refuses to make any medical or scientific claims. I turn to Kristen Rasmussen, a registered dietitian and lecturer with the University of California, Berkeley department of nutritional science and toxicology for more information about the impact of fermented beverages on the human body. She says that fermentation is an ancient science developed prior to refrigeration to help foods last. Rasmussen adds that "in addition to taste and food preservation, fermentation comes with a host of health benefits that I think we've always known on a 'wife's tale' or tradition front, but are increasingly proven through modern science." She explains that fermentation generates additional nutrients, can remove anti-nutrients that prevent nutrient absorption and toxins, and supports digestive health and immune function. "There are many miracu-

lous claims of course," she says, "but these are generally not justified." (For a look at health risks from mishandled kombucha, see "Kombucha Culture," Aug. 10, 2006.)

The sample drinks taste different from what I buy elsewhere in bottles or taste from friends' home concoctions. The flavors are brighter, a little less vinegary and lightly tart. I'm partial to the dry berry and spicy flavors myself, but there's always apple and a lemon-based flavor on tap. The shop will soon have a root-based kvass on tap regularly, as well as water kefir — yet another strain of culture that provides an alternative to dairy-based kefir drinks.

Cronin says he's inspired by the patience and attentiveness required to make the drinks. "You make this, you put it aside — for maybe a few days or up to two years — and with patience, you get your reward." Vigil adds, "And then you share it!" Which is exactly what fermentation-enthusiasts in the area are doing, with an annual conference in Mendocino County and a quickly expanding club in Humboldt.

"We've set everything up with a full prep kitchen and our brewery license, so we can have freedom in our art form," Cronin says.

Vigil laughs and says, "The industry didn't know what to do with us. Finally we said 'just put us under breweries!'" The pair completed their kitchen bit by bit using mostly salvaged materials and home-built equipment. A few months after opening, they proudly inform me that their beverages are being sold locally at bars, restaurants and markets. They are also planning workshops for the local fermenter's club, which has about 50 members. The tasting room is currently open from 11 a.m. until 6 p.m. on Tuesdays and Thursdays, and prices range from \$3 to \$5 per pint, with growlers ranging from \$10 to \$18. Customers are encouraged to bring their own mason jars or growlers for the time being, though logo-bedecked ones are coming soon. If you can't make it to Bayside, try a glass on tap at Siren's Song Tavern in Old Town Eureka. ●



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ARTS! ARCATA

Second Friday Arts! Arcata
April 11, 6-9 p.m.

Arts! Arcata is Arcata Main Street's monthly celebration of visual and performing arts, held at more than 30 participating locations in Arcata. Visit www.artsarcata.com for even more information about the event or call (707) 822-4500.



FLOWERS AND BLADES OF GRASS ARE BOTH FAMILIAR AND ALIEN IN APRIL LANE'S CLOSE-UP NATURE PHOTOGRAPHS AT MONUMENT SETTINGS.



SETH SIMPSON'S "YELLOW ASH TEAPOT" IS ON DISPLAY WITH MORE OF HIS FUNCTIONAL PORCELAIN PIECES AT **ARCATA ARTISANS**.

ARCATA ARTISANS 883 H St. Seth Simpson, ceramics; John Wesa, prints.

ARCATA EXCHANGE 813 H St. Morgen Maier, mixed media. Music by Bob Billstrom, acoustic guitar.

CAFE BRIO 791 G St. "Seven Sirens," Liskin Rossi, photography.

CRUSH 11th and H streets. Jessica Albee, yoga-inspired paintings.

FIRE ARTS CENTER 520 South C St. Annual pottery and fused glass sale.

FOLIE DOUCE 1551 G St. Jeff Stanley, paintings.

GARDEN GATE 905 H St. Local clay ceramics. Music by Kenny Ray and the Mighty Rovers.

HUMBOLDT MAKERS GROUP 761 Eighth St. 3D printer and microcontroller showcase.

LAW OFFICE OF JEFFREY SCHWARTZ 637 F St. Brandon Peterson, mixed media.

MONUMENT SETTINGS 1499 10th St. April Lane, photography. Music by Michael Kavanaugh, acoustic guitar, flute and poetry.

NATURAL SELECTIONS 708 Ninth St. Yuma Lynch, oil paintings.

NORTH SOLES FOOTWEAR 853 H St. Austin Schuler, illustrations; Gabe Schneider, collage; Vivian Harp, drawings; Zoey Gordon, photography.

PLAZA 808 G St. Susanna Gallisdorfer, acrylic on Tyvek.

REDWOOD CURTAIN BREWING CO. 550 South G St. Noah Samson.

REVOLUTION BICYCLES 1593 G St. Bryan Buswell, 2014 Oyster Festival poster art. Music by Duane Isaacson.

STOKES, HAMMER, KAUFMAN & KIRK, LLP 387 Bayside Road. Howdy Emerson, oil landscapes; Cheryl Peterson Rau, watercolors. Music by Cynthia Brando and Alysia Gibbs, strings.

UPSTAIRS GALLERY 1063 G St. HSU student group exhibit: "The Journey for What It's Worth." ●



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EUREKA + SOUTH ON NEXT PAGE ►

venue	thur 4/10	fri 4/11	sat 4/12	sun 4/13	m-t-w 4/14-16
ABRUZZI 780 Seventh St., Arcata 826-2345			After Dark w/PressureAny 10pm \$10		
THE ALIBI 744 Ninth St., Arcata 822-3731			Lubec w/The Wild Lungs (rock) 9pm \$5		
ARCATA PLAYHOUSE 1251 Ninth St., 822-1575		<i>The Odyssey</i> (theater) 7pm	<i>The Odyssey</i> (theater) 2pm, 7pm \$12, \$10		
ARCATA THEATRE LOUNGE 1036 G St., 822-1220		<i>Purple Rain</i> (film) 7:30pm \$5	VibeSquad, Clicks and Whistles, B. Bravo (EDM) 9:30pm \$15	<i>Tarzan</i> (film) 5:30pm \$5, All Ages	[M] & [T] Banff Mountain Film Festival 6pm \$20. [W] Sci-Fi Night w/Planet of Storms 6pm Free w/\$5 food/bev, All Ages
BLONDIES 822-3453 420 E. California Ave., Arcata	Open Mic 7pm Free			Jazz Night 7pm Free	[M] Quiz Night 7pm Free
BLUE LAKE CASINO WAVE LOUNGE 777 Casino Way, 668-9770	Karaoke w/KJ Leonard 8pm Free	Eyes Anonymous (rock) 9pm Free	Dr. Squid (dance hits) 9pm Free	Karaoke w/KJ Leonard 8pm Free	
CENTRAL STATION 839-2013 1631 Central Ave., McKinleyville	Karaoke w/William Barnhart 9pm Free	Karaoke w/Rockstar 9pm Free			
CHER-AE HEIGHTS CASINO FIREWATER LOUNGE 27 Scenic Drive, Trinidad 677-3611	S.I.N. & Service w/Pressure Anya DJs 9pm Free	The Decades (rock) 9pm Free	The Decades (rock) 9pm Free	Karaoke w/Chris Clay 8pm Free	[T] Karaoke w/Chris Clay 8pm Free
CLAM BEACH INN 839-0545 4611 Central Ave., McKinleyville		Kindred Spirits (bluegrass) 10pm Free			[W] Blues Explosion (open jam) 8:30pm Free
CRUSH 1101 H St. #3, Arcata 825-0390			Kingfoot (bluegrass) 7pm Free		[T] Game Night 5pm Free
THE FORKS (530) 629-2679 38998 Hwy 299, Willow Creek	Jimi Jeff's Open Jam 8:30pm				
HUMBOLDT BREWS 856 10th St., Arcata 826-2739	HSU Athlete's Ball 9pm Free	Houses of the Holy, Deep Groove Society, Storytime (DJs) 9pm \$5	Grateful Dead Dance Party (concert film) 8pm Price TBA		[M] Earphunk (funk) 9pm \$10 [T] Harry Moroz, Alex Hooper & Greg Barris (comedy) 9pm \$5
HSU VAN DUZER THEATRE 1 Harpst St., Arcata 826-3928	<i>Physical Reality</i> (dance) 7:30pm \$10, \$8	<i>Physical Reality</i> (dance) 7:30pm \$10, \$8	<i>Physical Reality</i> (dance) 7:30pm \$10, \$8	<i>Physical Reality</i> (dance) 2pm \$10, \$8	[T] Scottish Fiddlers 8pm \$25, \$15 [W] Humboldt Film Festival 7pm \$8
JAMBALAYA 915 H St., Arcata 822-4766	Sound Culture (EDM) 10pm \$10	The Hip Hop Lounge 6pm Price TBA	Diggin Dirt (funk) 9pm \$5	DGS Sundaze (EDM DJs) 9pm \$5	[M] The Getdown (local funk) 9pm [W] Whomp 9pm \$5

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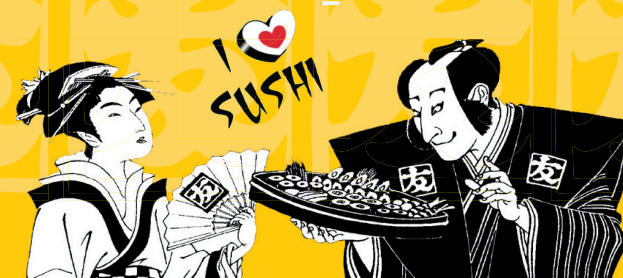
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LARRUPIN 822-4766 1658 Patrick's Point Drive, Trinidad					[W] Aber Miller (folk) 6pm Free
LIBATION 761 Eighth St., Arcata 825-7596	Claire Bent (jazz) 7pm Free	Duncan Burgess (jazz) 6pm Free	Randles, Labolle & Amirkhan (jazz) 7pm Free		[T] Buddy Reed (blues) 7pm Free
LIGHTHOUSE GRILL 677-0077 355 Main St., Trinidad				Tim Breed (acoustic) 5pm Free	
LOGGER BAR 668-5000 510 Railroad Ave., Blue Lake	Trivia Night 8pm Free	Wig Night 8pm Free	Flock of Foreigners (rock) 9pm Free	Potluck (food) 6pm Free	[T] Cribbage Tournament 6:45pm \$5 [W] Open Mic 8pm Free
MAD RIVER BREWERY 668-5680 101 Taylor Way, Blue Lake		Dr. Foxmeat (eclectic) 6pm Free			[W] Pints for Non-Profits (NPA) 12pm
MOSGO'S 826-1195 2461 Alliance Road, Arcata			Bradley Dean (rock/country) 4pm Free		
OCEAN GROVE 677-3543 480 Patrick's Pt. Dr., Trinidad					[M] Dancehall Mondayz w/Rude Lion 9pm \$5
RAMPART SKATEPARK 700 South G St., Arcata 826-0675			Chili Bowl Contest w/ Imperial Destructo (punk) 4pm Sliding Scale		
REDWOOD CURTAIN BREW 550 South G St. #6, Arcata 826-7222	Roland Rock (rock) 8pm Free		Georgia Handshakers (country) 8pm Free		[M] Open Bluegrass Jam 7pm Free
ROBERT GOODMAN WINES 937 10th St., Arcata 826-WINE	Roots & Culture Reggae 9pm Free	USGGO (synth) 10pm Free	DJ Rotten 9pm Free		[W] Salsa Night 9pm \$5
SIDELINES 732 Ninth St., Arcata 822-0919	Rude Lion Sound (DJ) 10pm \$2	DJ Music 10pm \$2	Sidelines Saturdays w/Rude Lion 10pm \$2		
SILVER LINING 839-0304 3561 Boeing Ave., McKinleyville			Good & Evil Twins Karaoke 8pm Free		[T] Good & Evil Twins Karaoke 8pm Free
SIX RIVERS BREWERY Central Ave., Mck 839-7580	DJ Itchie Fingaz 9pm Free	The Pine Hearts (bluegrass) 9pm Free	Cliff Dallas and The Death Valley Troubadours (alt. country) 9pm Free	Trivia Night 8pm Free	[M] Karaoke w/DJ Marv 8pm Free [T] Sunny Brae Jazz 8pm Free
SUSHI SPOT 839-1222 1552 City Center Road, Mck.					[M] Aber Miller (folk) 6pm Free
TOBY & JACKS 764 Ninth St., Arcata 822-4198		DJ Itchie Fingaz (glitch/hip-hop) 9pm Free	DJ Music 10pm Free		[W] Reggae Wednesdayz w/Rude Lion 10pm Free



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◀ ARCATA + NORTH ON PREVIOUS PAGE

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BAR-FLY PUB 91 Commercial St., Eureka 443-3770		Bar-Fly Karaoke 9pm Free			[W] Bar-Fly Karaoke 9pm Free
BEAR RIVER CASINO 733-9644 11 Bear Paws Way, Loleta	Karaoke w/Chris Clay 8pm Free	The Hot Rods (oldies) 9pm Free	The Hot Rods (oldies) 9pm Free		
CECIL'S BISTRO 923-7007 773 Redwood Drive, Garberville		Stand Up! w/Matt Lieb 9pm Free			
CHAPALA CAFÉ 201 Second St., Eureka 443-9514		The Tumbleweeds (cowboy) 6-8pm Free	The Tumbleweeds (cowboy) 6-8pm Free		
CUTTEN INN 445-9217 3980 Walnut Drive, Eureka					[T] Dale Winget (acoustic) 6pm Free
EUREKA INN PALM LOUNGE 518 Seventh St. 497-6093	Jazz Night 9pm Free	Shuffle w/PressureAny (DJs) 9pm Free	Make Me Laugh! and The Hill (alt. country & comedy) 9pm \$5		[M] Musical Mystery Theater 9pm Price TBA. [T] Cards Against Humboldt 9pm Price TBA. [W] Cribbage and Vinyl 7pm Free [W] Dark Star Orchestra (Grateful Dead covers) 8pm \$30
EUREKA THEATER 612 F St., 845-8795					
FORTUNA MONDAY CLUB 610 Main St. 725-7572			Ani Kalayjian and Friends (piano, cello) 7:30pm Free		
GALLAGHER'S IRISH PUB 139 Second St., Eureka 442-1177	Seabury Gould and Evan Morden (Irish) 7pm Free	Papa Paul (folk) 7pm Free	Michael David (folk) 6pm Free	Seabury Gould Open Irish Session 3pm Free	
MATEEL COMMUNITY CTR. 59 Rusk Lane, Redway 923-3368					[W] Bruce Cockburn (folk/rock) 8:30pm \$25, \$35
MORRIS GRAVES MUSEUM OF ART 636 F St., Eureka 442-0278			Casterlin School Drummers and Blowhard Horns 2pm \$5, \$2	The Dance Scene 2pm \$5, \$2	[T] Michael Moore Quartet (jazz) 8pm \$15, \$10
OLD TOWN COFFEE & CHOC. 211 F St., Eureka 445-8600		Quickies Speed Dating 6:30pm \$5 advance, \$10			[W] Open Mic w/Mike Anderson 7pm Free
PEARL LOUNGE 507 Second St., Eureka 444-2017		Restless Rebel (hip hop) 10pm Free	Itchie Fingaz (DJ) 10pm Free		

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PERSIMMONS GALLERY 1055 Redway Drive, Redway 923-2748	The Funicators (rock) 7pm Free	August Snow (rock) 7pm Free			[W] The Potholes (pop) 7pm Free
RED LION HOTEL R.J. GRIN'S LOUNGE 1929 Fourth St., Eureka 445-0844			Karaoke w/Chris Clay 9pm Free, 21+		
SHAMUS T BONES 407-3550 191 Truesdale St., Eureka	The Compost Mountain Boys (bluegrass) 7:30pm Free				
THE SHANTY 444-2053 213 Third St., Eureka				Swan Sunday (eclectic and request) 8:30pm Free	
THE SIREN'S SONG TAVERN 325 Second St., Eureka 442-8778		Wild Otis (rock) 9pm Free	Junk Parlor & Kaptain Kirk's Kosmic Koncoction (alt.) 9pm		
THE SPEAKEASY 411 Opera Alley, Eureka 444-2244			Buddy Reed and the Rip It Ups (booty shakin' blues) 10pm Free		[M] Anna Hamilton (blues) 7pm Free. [T] The Opera Alley Cats (jazz) 7:30pm Free. [W] No Covers and USGGO (jazz) 7:30pm Free.

WHO: San Francisco Scottish Fiddlers
WHEN: Tuesday, April 15 at 8 p.m.
WHERE: Van Duzer Theatre
TICKETS: \$25, \$15 kids, \$5 HSU students



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Family Fun Series 2014

See The Odyssey April 11 & 12
Spring break workshops April 21-25

THE SETLIST



WHO: Lubec
WHEN: Saturday,
April 12 at 11 p.m.
WHERE: The Alibi
TICKETS: \$5

Whole Lotta Love

Saturday serves it up

By Jennifer Savage

thesetlist@northcoastjournal.com

I had just parked in Arcata when my phone buzzed. “The band canceled!” my husband alerted me, referring to our plans to see Warm Soda at The Shanty later that night. “Where’d you hear that?” I responded. “KHSU. The DJ just said.” Mindful of my mission to keep folks updated on local music happenings, I called up the host of “How to Breathe Underwater” (Tuesdays, 2 p.m. to 4 p.m.) and asked if it was true. It was, he confirmed, but White Manna and some other bands would be playing instead, so I should still go out and also a gig was happening at one of the houses known for that sort of thing — his enthusiasm and encouragement for me to soak in some live music charmed me.

It also reminded me that one of the benefits of our vibrant, if limited, local radio scene is the attention to live music shows. Both KHUM (104.7 FM) and KHSU (90.5 FM) host touring and local bands in their respective studios on a regular basis, and keep listeners apprised of who to see where and when. Down in Redway, your people-powered KMUD 88.1 FM also serves up samples of bands able to be experienced live and in-person at a venue near you. Like KHSU, what you hear on KMUD varies greatly hour by hour and includes gobs of national news shows, commentary and other talk-based programming, but if you peruse our public radio stations’ schedules, you’ll find excellent local people playing all kinds of music for your edification. And now that KRFH, HSU’s student-run station, is switching to a new frequency (105.1 FM) you’ll be able to hear what the kids are up to these days — and even more live-in-studio broadcasts of your soon-to-be-favorite local bands. As someone who loves music, loves live music and loves radio, the goodness we have here in our little town is happypmaking, indeed.

With that, let us launch into the magnificence that is Saturday, April 12.

Skate, chili and a Minor Threat cover band

No one will accuse the folks at RampArt of being slackers. Establishing an indoor skate-art park with a focus on providing something cool for kids sounds like the kind of idea some well-intentioned post-college kids brainstorm about one afternoon, only to bail out when the reality of fundraising and permitting sets in. But the RampArt people made it happen — and after a year of success, the next step is raising funds for a new bowl. This is happening through a party that incorporates both beginner and advanced skate contests, a chili cookoff, live painting by Matt Beard and — relevant to this column — live music by **Imperial Destructo**, (who are celebrating the release of their new album, *Earth Equality*), **The Rough Cuts** and **Adult Crash**, who play Minor Threat covers. I love that there’s a band doing Minor Threat covers. Imperial Destructo describes the band’s sound itself as “a skateboard inspired punk rock band with the motivation to dissolve the empires that control our lives such as corporations and greed.” I’d call it old-school skatepunk that leaves a slight, familiar tang of metal in your mouth. Think Bad Brains or Suicidal Tendencies. Music starts at 8 p.m., cover is sliding-scale and, hey, all ages! Go to www.rampartskatepark.org for full details.

Also happening on Saturday — well, everything. Ready, set, go ...

Pop goes the Alibi

Did you realize that Tuesday was the 20-year anniversary of Kurt Cobain’s suicide? That explains all the Nirvana retrospectives coloring supermarket checkout

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WHO: Junk Parlor

WHEN: Saturday, April 12 at 9 p.m.

WHERE: The Siren's Song Tavern

TICKETS: Free

stands and local bookseller shelves. In his *Pitchfork* column, Stephen Deusner wondered what could possibly be left to say about Cobain and Nirvana, and whether or not the millennials who “never knew the band in the present tense” feel the influence. One could ask this of **The Wild Lungs**, a young band whose raw punky sound is rife with pop hooks and who can be experienced live at the Alibi Saturday night, along with Portland's **Lubec** (insert “dream of the '90s” reference). Reminiscent of The Cure, Lubec's “Local Celebrity” track suggests the band's brand of pop is both more sophisticated and more retro. Should be a great show. Music starts around 11 p.m., cover is \$5 and you must be 21-or-over.

An anniversary moment

World Famous Productions throws a 6-year anniversary soiree with **VibeSquad** (bass), **Clicks & Whistles** (Southern rap, juke, DNB) and **B. Bravo** (synth groove) at the Arcata Theater Lounge. Doors at 9:30 p.m., tickets are \$20, show is 21-and-over.

Funny foreigners

Oh, those wacky clowns! If you relate to rocking, boat pants and/or drunk uncles and share an interest in Scandinavian love, moustaches, pigeons and/or “butt stuff,” you'll be thrilled to know about **Flock of Foreigners**, a band of vagabond artists from all over the world currently living in Blue Lake and studying at the, ahem, Dell'Arte International School of Physical Theatre. Logger Bar, 9 p.m., free, 21-and-over.

Dance, junk funk, dangerous love

If you want to get dressed up and dance, **PressureAny**'s introducing **Abruzzi After Dark**. This party begins at 10 p.m. and is \$10, but guests receive a \$5 coupon toward a drink. Note: bar's open, kitchen's closed. Ages 21-and-over.

Back in Eureka, the Siren's Song Tavern hosts **Junk Parlor**, a gypsy funk rock band from San Francisco, with local support

from **Kaptain Kirk's Kosmic Koncoction**, an eclectic mayhem of the third kind. Show starts at 9 p.m., is free and all ages.

Finally, the sexy and scandalous **Cliff Dallas and the Death Valley Troubadors** play Six Rivers Brewery. Also free! But requires you to be of legal drinking age. Music starts after 9 p.m.

In non-Saturday news

The Redwood Jazz Alliance welcomes the **Michael Moore Quartet** on Tuesday, April 15 at 8 p.m. at the Morris Graves Museum of Art. Known for his virtuosity, his expressiveness and his beautiful tone on clarinet, the multi-reedist is also a prolific composer with more than two dozen albums to his name. Tickets are \$15 general/\$10 students and available online at Brown Paper Tickets or in person at Wildberries, Wildwood Music, People's Records and The Works.

Also Tuesday, the **San Francisco Scottish Fiddlers** play the Van Duzer Theatre. Picture a stage filled with 80 fiddlers backed by piano, drums, cellos, guitars, harps, and even a harmonica, projecting a sound as lively as a dance band and as majestic as a symphony orchestra. Front this merry group of music-makers with Scottish master fiddler Alasdair Fraser, whose humor, passion and charismatic playing set the tone, and you'll have a rough idea what it's like to attend a concert with the Scottish Fiddlers, an evening packed with Celtic tunes, songs and dances.

On Wednesday, April 16, folk rocker **Bruce Cockburn** performs solo at the Mateel Community Center. Doors are at 7:30 p.m., music starts around 8:30 p.m. Tickets range from \$22 to \$35 depending on seating and timing. Advanced ticket purchase is strongly advised.

Etc.

Full show listings in the *Journal's* Music and More grid, the Eight Days a Week calendar and online. Bands and promoters, send your gig info, preferably with a high-res photo or two, to music@northcoastjournal.com. ●

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Physical Reality and Mad Curiosities

Spring dance goes
off the deep end at HSU

By Maia Cheli-Colando

dance@northcoastjournal.com

Crazy is popular in dance these days, as HSU's 40-person, 10-dance spring show, choreographed and performed by both students and instructors, demonstrates. Kelsey Brennan's "The War Within" tackles post-traumatic stress disorder among vets, set to overlapping recitations from *All Quiet on the Western Front* by sound artist Tim Gray. The dancing here is percussive and martial; all five women own the moment of their distress, giving shape to the damages of war. In "Appetite," choreographed by Dani Gutierrez and Camille Ruiz, a soloist struggles fearfully along an illuminated diagonal. Laura Muñoz's trio piece, "When I Die Leave the Balcony Open," falls toward the genuinely insane, with movements that would not seem out of place in an institution for the disturbed. (Those who saw the recent Trey McIntyre show may note a similarity to the deranged cousins of "The Four Dances of Moral Instruction.")

On the softer side of the spectrum, Shannon Adams' "Murmured Tenacity" is a thematically vague but well-executed modern piece that resembles contact improvisation, in which touch is the cata-

lyst for movement. Allie Phinney's "The Coriolis Effect" is a contemporary dance flurry of silk veils and flowing white bodies. Shoshanna Rose adds glitter to the mix with 14 belly dancing women in "Ya Msafer Whadek." (For this performance, each dancer constructed her own beaded *bedlah* costume — a time consuming process!)

The show also features two ballets. First time choreographer Amanda Perez reimagines *Alice in Wonderland* as "Wonderfully Mad Curiosities," an amusingly fractured ballet with elements of hip-hop, gymnastics and bellydance via charming character cameos. With a little tightening (and some overhaul of the music selections), this piece could play well in local schools. "Going Out," instructor Linda Maxwell's largely en pointe Broadway ballet, is set to *Rhapsody in Blue*, and will be familiar territory for fans of Gene Kelly films. This traditional American dance selection brings some balance to the overwhelmingly modern flavor of the program.

In addition to "Going Out" and "The War Within," the most appealing pieces of the evening are "Closer," a duet choreographed by Melina Calderon and danced by Julia Kandus and Eric Sorensen, and

"Freely Bound," an exploration of "the balance between manipulation and freedom" by Alexandra Stock. As a love story, "Closer" doesn't break any new ground, but the dancers seem most honestly present here, and the choreography fits their individual capacities and the stage itself. On Friday night, the ensemble of "Freely Bound" courageously held up under an audio glitch that forced them to restart the piece; they held the same quality of movement in the do-over as they had when they began. As it starts, six nymphlike women make supple ripples like seaweed, while Adrien Padilla moves mechanically across the stage, controlled by some unseen force. The two begin to impact each other: The mechanic dancer gains fluidity, and the nymphs become staccato, although neither one goes over entirely to the other side. What's interesting here is not so much the concept, but the fusion of movement styles. Stock makes good use of her bellydance training in service of character development, and Padilla is a joy to watch.

Light design for the dance program continues to be excellent, and the costumes were appropriate for most pieces. Outside of "Wonderfully Mad Curiosities," set design was absent — an unfortunate gap, as sets are increasingly an integral element of choreography, as a tool for building visual interest and dynamics on stage.

The show's energy would have been better balanced by setting one ballet in each act. It would also be good to see more atypical, fresh work and fusion across disciplines. Some of the strongest pieces that have historically come out of this choreographer's showcase have been interdisciplinary projects, an element noticeably missing from this production. These style and production gaps make the show less accessible for non-dance audiences. That said, the content is appropriate for all ages, and the evening ends on an uplifting note.

Physical Reality runs through this weekend: Thursday, April 10 through Saturday, April 12 at 7:30 p.m., with a closing matinee at 2 p.m. on Sunday, April 13. Tickets are \$10 general, \$8 seniors and students, with a limited number of free seats for HSU students at each performance. For more information, visit HSUStage.blogspot.com. ●

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Health Resources

Child Health and Disability Prevention Program (CHDP) 445-6210
Healthy Kids Humboldt 442-6066
Healthy Moms Program 441-5220
Humboldt County CARE line and Prenatal Care Guidance Program 1-800-698-0843
Northcoast Children's Services, Early Head Start 822-7206
State Stop Smoking Line for Pregnant Women 1-800-NO-BUTTS
WIC Program 445-6255
Paso a Paso (Step by Step) 441-4476 or 441-4477

Family Resource Centers

Blue Lake Community Resource Center. 111 Greenwood (P.O. Box 458) Blue Lake, CA 95525, 668-4281
Bridgeville Community Center. 38717 Kneeland Road (Box 3) Bridgeville, CA 95526, 777-1771
Carlotta Healthy Start Community Center. 300 Wilder Road (Box 7) Carlotta, CA 95528, 768-3860
Eel River Valley Multi Generational Center. 2280 Newburg Road, Fortuna, CA 95540, 725-3300
Eureka City Schools-Marshall Family Resource Center. 1 St. between Trinity & Huntoon (2100 J Street), Eureka, CA 95501, 441-2516
Eureka Community Resource Center. 35 West Third St., Eureka, CA 95501, 442-5239
Fortuna Community Services. 2331 Rohnerville Road, Fortuna, CA 95540, 725-1166
Fortuna Elementary & High School Healthy Start. 2089 Newburg Road (843 L Street), Fortuna, CA 95540, 725-2519
Humboldt Community Switchboard. E Street #4, Eureka, CA 95501, 441-1001
Hupa Family Resource Center. T9 Holt Street (Box 728), Hoopa, CA 95546, (530) 625-4000
Jefferson Center & Park. 1000 B Street, Eureka, CA 95501, 497-6280
Loleta Community Resource Center. (Loleta Elementary School), 700 Loleta Drive, Loleta, CA 95551, 733-5239
McKinleyville Family Resource Center. 1459 Hiller Road (P.O. Box 2668) McKinleyville, CA 95519, 840-0905
Manila Teenship Wellness Village Resource Center. 1611 Peninsula Drive (1901 Park Street) Manila, CA 95521, 444-9771
Rio Dell Community Resource Center. 95 Center Street, Rio Dell, CA 95562, 764-5239
South Bay Union School District Healthy Start. 5230 Vance Avenue, Eureka, CA 95503, 445-5933
Southern Humboldt Family Resource Center. (Information also available about Casterlin FRC and South Fork/Miranda Healthy Start), 344 Humboldt Avenue (Box 369) Redway, CA 95560, 923-1147
Willow Creek Community Resource Center. 38883 Highway 299 (P.O. Box 939) Willow Creek, CA 95573, (530) 629-3141

Playgroups

Some playgroups follow their local school calendar and do not operate during school holidays or during summer vacation. Please call the playgroup contact

for further information and to confirm the playgroup event.

Arcata Play Center. D Street Neighborhood Center, 14th & D Streets, Arcata. Mon., Tues., Wed., 10 am-12 noon. Free. Arcata Recreation Department 822-7091

Arcata Tiny Tots. Arcata United Methodist Church, 1761-11th Street, Arcata. Thurs., 9 am-11 am. Free. Arcata United Methodist Church 822-1963

Blue Lake. Prash Hall/Perigot Park (inside for winter/outside in summer), 312 South Railroad Ave., Blue Lake. Thurs., 10 am-12 noon. Free. Blue Lake Family Resource Center 668-4281

Discovery Museum. 517 Third Street, Eureka. Wed., 10 am-11:30 am. Free for children under 2 para niños menos de dos años. \$4 for general admission/\$4 entrada. Discovery Museum 443-9694

Fortuna (bi-lingual). South Fortuna Elementary School, 2089 Newburg Road, Fortuna. Mon., 12:30 pm-2:30 pm. Free. Monica Martinez 725-2519

F.U.N. Play Center. Adorni Center, 1011 Waterfront Drive, Eureka. Mon. & Wed., 9 am-11:30 am. Free. Adorni Recreation Center/Ashley Taylor 441-4244

Hoopa. River Edge Community Day School, Room 4, 11850 State Highway 96, Hoopa. Thurs., 5 pm-7:30 pm. Mon., 10:30 am-12 noon. Free. Patti Kelley (530) 625-5685

McKinleyville Play Center. McKinleyville Activity Center, 1705 Gwin Road, McKinleyville. Mon., Thurs. & Fri., 10 am-12:30 pm. Free. McKinleyville Parks & Recreation 839-9003

Orleans. Panamnik Building, Orleans. Fri., 10:30 am-12 noon. Free. Contact/para mas informacion: Megan Vierra 498-4920

Rio Dell. Rio Dell Early Head Start Building, 95 Center Street, Rio Dell. Fri., 10 am-12 noon. Free. Rio Dell Community Resource Center 764-5239

Southern Humboldt Casterlin School, Room 5, 24790 Alderpoint Road, Blocksburg. Wed., 10:30 am-1:30 pm. Free. Southern Humboldt Family Resource Center 923-1147. Osprey Learning Center/South Fork East, Room 4, 159 Orchard Lane, Miranda. Thurs., 10 am-11:30 am. Free. Southern Humboldt Family Resource Center 923-1147. Redway School, 344 Humboldt Avenue, Redway. Mon., 10 am-11 am Fun and Games at Redway School Gym. Wed., 10 am-11:30 am Redway Playgroup at Redway School, Room 21. First Friday of the month/el primer viernes del mes, 10:30 am-12 noon Infant/Toddler group-age 0-2 (para niños de 0-2 años) at Early Head Start Building next to Redway School. Free. Southern Humboldt Family Resource Center 923-1147. olf Links, Community Center downstairs (Suite B), Shelter Cove. Fri., 10:30 am-12:30 pm. Free. Southern Humboldt Family Resource Center 923-1147. Agnes Johnson School, 73 School Road, Weott. Fri., 10:30 am-12:30 pm. Free. Southern Humboldt Family Resource Center 923-1147

Trinidad Tots. Trinidad Town Hall, Trinidad. Tues., 9 am-11:30 am. Free. Penny Gunn 834-8720

Willow Creek. Trinity Valley Elementary School, Room next to Gym, Willow Creek. Fri., 10 am-12:30 pm. Free. Willow Creek Community Resource Center (530) 629-3141

SOURCE: FIRST FIVE HUMBOLDT HUMKIDS.ORG

Additional Resources

zerotothree.org/about-us/areas-of-expertise/free-parent-brochures-and-guides Information for parents regarding the growth, development and parenting of infants and toddlers.

families.naeyc.org Child growth and development, learning at home, finding quality preschool and childcare.

kidshealth.org/parent Health and parenting information, child growth and development, nutrition and guidance.

Experience the Canadian Rockies without all the gear and strenuous climbing when the all-ages Banff Mountain Film Festival hits the **Arcata Theatre Lounge** on **Monday, April 14** and **Tuesday, April 15**

at **6 p.m.** (\$20, \$15 advance tickets from Adventure's Edge). And you won't even have to eat MREs.



Canada is just messing with us by exporting Bieber. Back in the day, we got folk/rock powerhouses like **Bruce Cockburn**.

If you want to see him play the **Mateel Community Center** on **Wednesday, April 16** at

7:30 p.m., you need to get on those tickets (\$32 advance, \$35 door, \$22 advance balcony, \$25 balcony at the door).

Avast! The **Lady Washington** and the **Hawaiian Chieftan** make port **April 11-20** and **April 15-20** at the **Adorni Center**.

Tour the **tall ships** above and below deck for a peek at life at sea in the days of black powder and rum (\$3). Or hoist the something and lower the other thing to set sail with the period-costumed crew (\$39 adventure sail, \$29 evening sail, \$60 battle sail, \$40 child's battle sail). Call 800-200-5239 for reservations, matey.



8 DAYS A WEEK

10 thursday

DANCE

Physical Reality. 7:30 p.m. Van Duzer Theatre, Humboldt State University, Arcata. More than 40 dancers perform 10 colorful new dances ranging from ballet to modern, traditional Middle Eastern to hip-hop. \$10, \$8 seniors and children, free for HSU students. 826-3928.

LECTURE

Bangladesh. 6:30 p.m. Eureka Main Library, 1313 Third St. Barry Evans presents, "Bangladesh Through a Volunteer's Eyes," a photo slide show of his month spent documenting one facet of Save the Children's efforts.

Home Energy Efficiency. 8:30 a.m. Wharfinger Building, 1 Marina Way, Eureka. Join the Redwood Coast Energy Authority to learn how a house works as a system

and about relationships between common residential design details. Call to register. Free. www.pge.com/energyclasses. 269-1700.

Our Pathways to Health. 1:30 p.m. Grace Good Shepherd Church, 1450 Hiller Rd, McKinleyville. A resource for individuals with long-term health conditions to gain tools to manage their symptoms and learn to partner with their provider. RSVP. Free. 445-2806.

Sustainability Talk. 5:30 p.m. Science Building B, Room 135, Humboldt State University, Arcata. Professor Duncan Callaway presents, "Leveraging Large Data Sets and Control to Enable Low Carbon Power Systems." free. serc@humboldt.edu. 826-4345.

MOVIES

Walking in Two Worlds. 6:30 p.m. Access Humboldt Community Media Center, Eureka High School. This edition of Local Filmmakers Night features the work of George Nelson. \$5. accesshumboldt.net. 476-1798.

EVENTS

Candlelight Vigil. 6 p.m. Humboldt Bay Aquatic Center, 921 Waterfront Drive, Eureka. Let victims throughout the community know that they are not alone or forgotten. Free.

Hawaiian Chieftain. 4-5 p.m. Noyo Harbor, North Harbor Drive, Fort Bragg. Take a walk-on tour of the tall sailing ship. \$3. www.mendoparks.org.

FOR KIDS

Young Discoverers. 10:30 a.m. Discovery Museum, 501 Third St., Eureka. Stories, crafts, songs and dance for children ages 3-5. Space is limited, so call ahead. \$2. info@discovery-museum.org. www.discovery-museum.org. 443-9694.

MEETINGS

Humboldt Handweavers and Spinners Guild. 6:45 p.m. Wharfinger Building, 1 Marina Way, Eureka. Guest

speaker Holly Brackman discusses dying fabrics, surface design, weaving, dévoré and more. www.ci.eureka.ca.gov/depts/pw/wharfinger/default.asp.

ETC

Humboldt Grange 501 Potluck. Second Thursday of every month, 6:30 p.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Grange Women's Auxiliary meets at 6 p.m., potluck at 6:30 p.m., Grange meeting 7:30 p.m. nanettespearschade@gmail.com. www.facebook.com/humboldt.grange. 443-0045.

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. Join fellow knitters, crocheters, weavers, spinners and other fiber artists as they socialize and work on their current projects. 442-9276.

continued on next page ►

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11friday

ART

Arts! Arcata. Second Friday of every month, 6-9 p.m. Arcata Plaza, Ninth and G streets. Art, music and more art. Downtown Arcata and surrounding area. Free. info@arcatamainstreet.com. www.arcatamainstreet.com. 822-4500.

Dirty Business Divas' Throwdown. 6 p.m. Dirty Business Soil Consulting & Analysis, 1115 11th St., Arcata. Amazing art by Jeremy Owen, a collaborative live painting by Trillroy Was Here, great music and libation. Free. info@dirtybusinessdivas.com. www.dirtybusinessdivas.com. 633-8885.

DANCE

Physical Reality. 7:30 p.m. Van Duzer Theatre, Humboldt State University, Arcata. See April 10 listing.

LECTURE

Sustainability Talk. 7:30 p.m. Humboldt Area Foundation, 363 Indianola Road, Bayside. Sing Chew presents, "Global Economic Crisis, Energy Shifts, and Climate Changes: Let World History be the Teacher of Life," sponsored by the Redwood Regional Audubon Society. Bring a mug coffee and come fragrance free. Free.

MOVIES

Purple Rain. 7:30 p.m. Arcata Theatre Lounge, 1036 G St. It's Prince in a musical from the '80s. Doves will cry. \$5. www.arcatatheatre.com.

MUSIC

Talent Showcase. 6 p.m. Westhaven Center for the Arts, 501 S. Westhaven Drive. Come on out and catch the warm and welcome vibes that Moonstone Performance Outreach has to offer. Donations accepted. 834-1251.

THEATER

The Complete Works of William Shakespeare (Abridged) [Revised]. 8 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. A comedic version of all 37 Shakespeare's plays. \$15 general, \$16 students and seniors.

Elisabeth's Book. 8 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. A work-in-progress show following the story of three friends whose comfortable world is shattered by war. Donations suggested. info@dellarte.com. www.dellarte.com. 668-5663 ext 20.

Humboldt Juggling Festival Open House. 10 a.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Drop by for free workshops, open gym floor, games, vendors and more. Learn to juggle or just peruse the goodies. \$15, free for kids under 12 with an adult. humboldtjugglingsociety@gmail.com.

The Odyssey. 7 p.m. Arcata Playhouse, 1251 Ninth St. Santa Barbara's Boxtales Theatre Company uses masks, stilts and more to tell the mythical tale of the travels of Odysseus. \$12 adults, \$10 children 12 and under.

Unsane World Theatre and Orkestra. 6 p.m. Global Village Gallery, 973 H. St., Arcata. Puppet shows accompanied by live sounds and music starting every hour until 8 p.m. Free.

EVENTS

Hawaiian Chieftain. 4-5 p.m. Noyo Harbor, North Harbor Drive, Fort Bragg. See April 10 listing.

State of the Community Luncheon. 11:30 a.m. Adorni Recreation Center, 1011 Waterfront Drive, Eureka. Honoring former Humboldt County Supervisor Jimmy Smith and CASA of Humboldt. The keynote speaker is Carol Rische. Purchase tickets before April 9. \$65. www.lwvhc.org. 443-2855.

Tall Ships. Adorni Recreation Center, 1011 Waterfront Drive, Eureka. The Lady Washington, joined by the

Hawaiian Chieftain on April 15, embarks on family-oriented adventure sails, exciting battle sails and romantic evening sails. Tours are also available. \$3 tours, \$39 adventure sail, \$29 evening sail, \$60 battle Sail \$40 child's battle sail. ghhsa_admin@historicalseaport.org. www.ci.eureka.ca.gov/depts/recreation/facility_rentals/adorni.asp. 800-200-5239.

SPORTS

Eight Ball Tournament Night. 7 p.m. Rose's Billiards, 535 Fifth St., Eureka. Come and compete for prizes in a BCA rules double elimination tournament on 7-foot Diamond tables. \$1 off of beers for tournament players. \$5 plus \$3 green fee. guy@rosesbilliards.com. www.rosesbilliards.com. 497-6295.

Fast Break Fridays. 7-9 p.m. McKinleyville Recreation Department, 1656 Sutter Road. Open access to the basketball courts for teens 13-17. \$1. www.mckinleyvillecsd.com/parks-recreation.

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. Have a blast and get some exercise at the same time. \$5.

12saturday

ART

Arts on the Avenue. Second Saturday of every month, 6-8 p.m. Eagle Prairie Arts District, 406 Wildwood Ave., Rio Dell. Local artists, artisans and music all along the avenue. Free. www.facebook.com/info.epad/info.

Wildlife Fair and Gallery Opening. 8:30 a.m. Studio 299, 75 The Terrace, Willow Creek. Start the day off with a bird walk, then stay for the studio opening and artists' reception at noon. Live raptors are on display at 1 p.m. and there are craft activities for the kids. Free. www.studio299.tripod.com.

BOOKS

Book Sale. 1-4 p.m. McKinleyville Safeway Shopping Plaza, Central Avenue. Most books are only \$1 and many are \$2 per bag.

DANCE

Physical Reality. 7:30 p.m. Van Duzer Theatre, Humboldt State University, Arcata. See April 10 listing.

LECTURE

Our Pathways to Health. 10:30 a.m. Cedar Street Senior Apartments, 725 Cedar St., Garberville. A resource for individuals with long-term health conditions to gain tools to manage their symptoms and learn to partner with their provider. RSVP. Free. 445-2806.

MOVIES

Waking Ned Devine. 6 p.m. Christ Episcopal Church, 15th and H streets, Eureka. Enjoy a free screening of the film directed by Kirk Jones and starring Ian Bannen and David Kelly. Stay for a chat afterward. Free. www.cinemachatforum.wordpress.com. 442-1797.

MUSIC

Ani Kalayjian and Friends. 7:30 p.m. Fortuna Monday Club, 610 Main St. A trio featuring piano and cello. \$10. fortunaconcert@live.com. 682-6092.

Compost Mountain Boys. 1 p.m. Arcata Library, 500 Seventh St. Check out the newly renovated children's and young adult sections while enjoying some bluegrass. Free. arcatalibraryfriends@gmail.com. 822-5954.

THEATER

The Complete Works of William Shakespeare (Abridged) [Revised]. 8 p.m. North Coast Repertory Theatre. See April 11 listing.

Elisabeth's Book. 8 p.m. Dell'Arte's Carlo Theatre, 131 H

St., Blue Lake. See April 11 listing.

Humboldt Juggling Festival Open House. 10 a.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. See April 11 listing.

The Odyssey. 2 & 7 p.m. Arcata Playhouse, 1251 Ninth St. See April 11 listing.

EVENTS

Day In Al-Anon. 9 a.m. Wharfinger Building, 1 Marina Way, Eureka. Al-Anon and Alateen is a 12-step recovery fellowship of relatives and friends of alcoholics who share their experiences, strengths and hopes. Donation suggested. afg.district.one@gmail.com. www.ci.eureka.ca.gov/depts/pw/wharfinger/default.asp. 443-1419.

Dealer Co-op Antique Show.

9 a.m.-5 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. Peruse a wide selection of antiques and collectables. \$2. www.redwoodacres.com. 616-9920.

Hawaiian Chieftain. 2-4 p.m. Noyo Harbor, North Harbor Drive, Fort Bragg. See April 10 listing.

Legal Clinic. 1 p.m. Humboldt State University, 1 Harpst Street, Arcata. OneJustice and Humboldt State's Student Group provide information on deferred action for childhood arrivals. Free. jfinkle@onejustice.org. 616-9084.

Roundhouse Rendezvous.

5 p.m. Elk's Lodge, 445 Herrick Ave., Eureka. This fundraiser for Timber Heritage Association includes live and silent auctions and a catered dinner. \$50. jenj4@sonic.net. www.timberheritage.org. 443-2957.

Tall Ships. Adorni Recreation Center, 1011 Waterfront Drive, Eureka. See April 11 listing.

FOR KIDS

Casterlin School Drummers and Blowhard Horns. 2 p.m. Morris Graves Museum of Art, 636 F St., Eureka. For Family Arts Day, fourth through eighth grade musicians explore rhythms and songs from around the world. Get ready for the Rainforest in a Box. \$5, \$2 seniors and students, Free for children under 17. janine@humboldtarts.org. www.humboldtarts.org. 442-0278.

FOOD

Arcata Farmers Market. 9 a.m.-2 p.m. Arcata Plaza, Ninth and G streets. Locavores' delight: fresh vegetables and fruit from local producers, food vendors, plant starts and flowers every week. Free. www.humfarm.org. 441-9999.

OUTDOORS

Alderpoint Nature Walk. 8:30 a.m. Ray's Food Place, Garberville, 875 Redwood Drive. Join Redwood Region Audubon Society on a half-day trip to see the birds, plant life and reptiles of the Eel River canyon. Bring sun protection, layered clothing and a small pack with lunch and water. Free. tonyk_71220@hotmail.com. www.gorays.com. 559-333-0893.

Arcata Marsh Tour. Led by Ken Burton. 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 600 S. G St. Meet a trained guide for a 90-minute walk focusing on the ecology of the marsh. Free. 826-2359.

Audubon Society Arcata Marsh Tour. The tour guide this week is Cedric Duhalde. 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street (end). Bring your binoculars and have a great morning birding. Meet

Rom-com 101

With options like Netflix, Amazon Prime and Hulu (the buffering capital of the internet), it can be hard to convince yourself to leave the house for a movie. They're so incredibly convenient and they don't require pants, but they do come with monthly service fees, not to mention the hassle of finding a decent unsecured Wi-fi line from one of your neighbors. Fear not, film lovers, the **Humboldt County Library** has you covered.

From April 15 to May 6, the Eureka Main Library

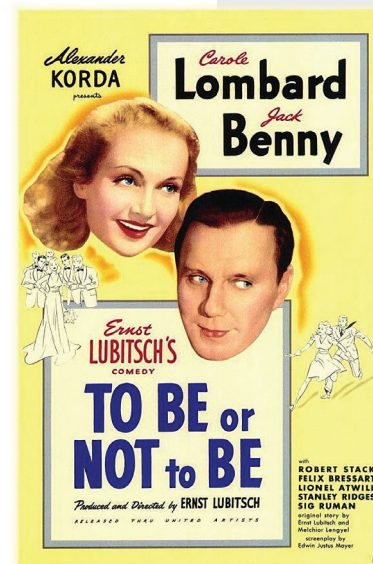
will screen a different **Ernst Lubitsch** film every **Tuesday** at 6:30 p.m. for free. Nobody does love stories the way Lubitsch did. In the '30s and '40s he dominated the silver screen with a style of romantic comedy that today's directors are constantly trying to emulate.

The "Lubitsch Touch" series starts with *To Be or Not To Be* on April 16, hosted by **Michael Logan**. The 1942 comedy stars Carole Lombard and Jack Benny. If you liked Mel Brooks' 1983 version, the original will definitely win you over. On April 22, *The Journal's* own **Jennifer Fumiko Cahill** will host the screening of *The Shop Around the Corner*. Jimmy Stewart

and Margaret Sullivan star in the 1940 classic about finding love in unlikely places. Out of respect for the dead, we won't talk about the failings of Nora Ephron's 1998 remake, *You've Got Mail*. On April 29, *Charity Grella* hosts the screening of *Ninotchka*, starring Greta Garbo. Does anything else need to be said besides, "Garbo?" The series wraps up on May 6 with *Design for Living*, hosted by **Bob Doran**, the Bobarazzi himself. Gary Cooper stars in this love-triangle themed comedy from 1933.

All screenings are free and all of the films are great. So quit binge-watching *The West Wing*, put on pants and go enjoy some old-timey love stories. *The West Wing* will still be there when you get home.

— Dev Richards



the trip leader in the parking lot at the end of South I Street (Klopp Lake) in Arcata, rain or shine. Free. www.rras.org/calendar.

Volunteer Work Day. 9:30 a.m. Manila Community Center, 1611 Peninsula Drive. Help to remove invasive plants from the dune habitat. www.manilacsd.com/Parks_and_Recreation.htm.

SPORTS

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. See April 11 listing.

ETC

Women's Peace Vigil. Second Saturday of every month, 12-1 p.m. County Courthouse, 825 Fifth St., Eureka. Dress in warm clothing and bring your own chair. No perfume, please. Free. 269-7044.

13 **sunday**

DANCE

The Dance Scene. 2 p.m. Morris Graves Museum of Art, 636 F St., Eureka. A showcase of a variety of dances with a focus on youth creativity, body strengthening and performance preparation. \$5 adults, \$2 seniors and students, Free to children 17 and under. janine@humboldtarts.org. www.humboldtarts.org. 442-0278.

Physical Reality. 2 p.m. Van Duzer Theatre, Humboldt State University, Arcata. See April 10 listing.

Swing Dance and Concert. 6 p.m. Willow Creek VFW Hall, 20 Kimtu Rd. Start the evening with free swing lessons then dance the night away with the College of the Redwoods Jazz Orchestra. Proceeds benefit Dream Quest. \$5 adults, \$3 youth. dreamquestwillowcreek@hotmail.com. 530-629-3564.

MOVIES

Cyrano de Bergerac. 6:30 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. Watch a screening of the 1955 version of the classic love story. \$5.

Tarzan. 6 p.m. Arcata Theatre Lounge, 1036 G St. Disney's animated take on the original vine swinger. \$5. www.arcatatheatre.com.

MUSIC

Bayside Grange Music Project. 5-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. From 5-7 p.m. anyone playing any instrument with any ability is invited; 7-9 p.m. people with wind instruments for Bandomonium. Donations. gregg@relevantmusic.org. www.relevantmusic.org/Bayside. 442-0156.

THEATER

The Complete Works of William Shakespeare (Abridged) [Revised]. 2 p.m. North Coast Repertory Theatre. See April 11 listing.

Elisabeth's Book. 8 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. See April 11 listing.

Humboldt Juggling Festival Open House. 10 a.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. See April 11 listing.

EVENTS

Dealer Co-op Antique Show. 9 a.m.-4 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. See April 12 listing.

Hawaiian Chieftain. 2-4 p.m. Noyo Harbor, North Harbor Drive, Fort Bragg. See April 10 listing.

Memorial for Tim Olsen. 1 p.m. River Lodge Conference Center & Commercial Kitchen, 1800 Riverwalk Drive, Fortuna. The public service for Briceland Fire Chief Tim Olsen will be followed by a reception and dinner. www.friendlyfortuna.com/index.aspx?nid=149.

Redwood Coast Scrabble Club. 1-5 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Tiles, letters and triple-word scores, oh my! 677-9242.

Spring into Fashion. 3 p.m. Portuguese Hall, 1185 11th St., Arcata. A light dinner, silent auction and fashion show by Arcata High School seniors to raise funds for Arcata Safe and Sober Graduation. \$25, \$15 students and seniors. AHSSafeandsober@gmail.com.

Tall Ships. Adorni Recreation Center, 1011 Waterfront Drive, Eureka. See April 11 listing.

Water Day - Celebrating the Eel River. 9 a.m. Mateel Community Center, 59 Rusk Lane, Redway. Multimedia

presentations to educate the public on river health, water conservation and more. Serving a lunch of organic beef chili at noon with happy hour from 5-6 p.m. Seafood dinner starts at 6 p.m. with live entertainment from the Human Nature Theater Company. Free, donations suggested for meals. phiggins@humboldt1.com. www.eelriverrecovery.org. 223-7200.

FOOD

Food Not Bombs. 4 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free. 503-828-7421.

Potluck Dinner. 6 p.m. The Logger Bar, 510 Railroad Ave., Blue Lake. Bring a dish to share with friends old and new. Free. www.facebook.com/LoggerBar.

OUTDOORS

Former Coastal Drive Hike. Redwood National Parks, Humboldt/Del Norte. Sierra Club North Group leads a 6-mile hike. The lunch destination is High Bluffs Overlook and there is an optional extension to explore the WWII radar station. Bring a lunch and water. Free. www.nps.gov/redw. 668-4275.

Guided Dune Tour. 2 p.m. Ma-le'l Dunes Parking Area, Young Lane, Manila. Explore the diverse habitat of the dune forest. Free.

ETC

Senior Day of Caring. 11 a.m. Bayside Grange Hall, 2297 Jacoby Creek Road. The Companion Animal Founda-

Humboldt Film Festival

Sure, Cannes, Sundance and SXSW have the glitz and the glamour, but they come with a heavy price tag and the hassle and expense of travel. The **Humboldt Film Festival** is only \$20 for four days of films and you don't have to book a flight to make it to the **Van Duzer Theatre**. It's the longest running, student-led film festival in the country and it's right in our backyard.

The four-night festival runs from **April 16 through 19 at 7 p.m.**, and each night has a different theme. April 16 is all about **animated and experimental films**, April 17 focuses on **documentaries**, April 18 is a night of **traditional narratives** and the festival closes on April 19 with **"Best of the Fest."** One event pass gets you into all four nights, which is a lot of films for just \$20. If you're an HSU student, you can get in for \$3 and it's \$5 for seniors and all other students. Finally, bargain hunters and movie lovers can join together for a common cause.

— Dev Richards

tion is excited to offer low cost pet exams, vaccines, microchips, flea treatment and more for folks over 60 who are on a limited income. Dogs must be on leash and cats must be in a carrier. Pre-registration is required. Free. cafvolunteers@gmail.com. www.baysidegrange.org. 826-7387.

continued on next page ►



A Fundraiser for the Fortuna Business Improvement District

Redwood Comedy Festival

18 & Up

FORTUNA, CALIFORNIA

APRIL 26 SATURDAY

RIVER LODGE

FOUR P.M. TO MIDNIGHT

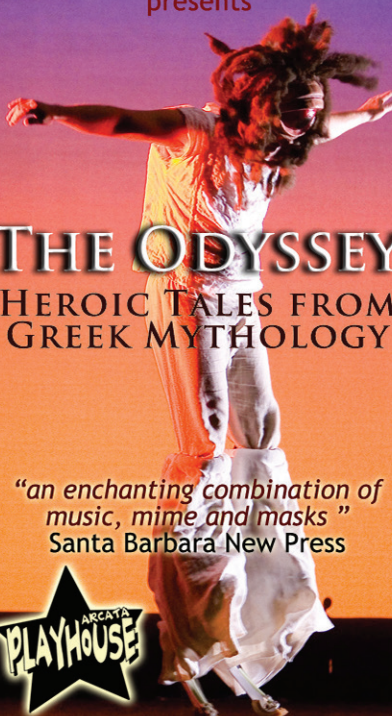
RedwoodComedyFest.com

General Admission: Pre-sale \$15 Door \$20

VIP Table (limited): \$150 (seats 4)

Tickets available at Wildberries Marketplace, Fortuna Chamber of Commerce, Beverage Plus Foods, Precision Intermedia, & Country Rose.

Playhouse Family Series finale
BOXTALES THEATRE
presents



THE ODYSSEY
HEROIC TALES FROM
GREEK MYTHOLOGY

*"an enchanting combination of
music, mime and masks"*
Santa Barbara New Press

ARCATA PLAYHOUSE

Friday, April 11 at 7pm
Saturday, April 12 2pm & 7pm

Tickets at Wildberries, Bubbles or
Redwood Yogurt or call 822-1575
arcataplayhouse.org



The Stork's Nest
1545 City Center Rd. • McKinleyville • 840-0300

Like us on Facebook
facebook.com/storksnestkids

JOIN US for McKinleyville Arts Night
Friday, April 18th 6-8pm
FEATURING local photography from
Villiados Photography



OPEN: MON - FRI 10-6 • SAT 10-5

calendar

8 DAYS A WEEK

continued from previous page

14 monday

Friendship Circle Dance. 7-10 p.m. Moose Lodge, 4328 Campton Road, Eureka. Dancing for people in their 50s and older with live music featuring tunes from the 1930s, '40s and '50s. Refreshments are served during break. \$4. 725-5323.

LECTURE

Arturo S. Rodriguez. 7 p.m. Van Duzer Theatre, Humboldt State University, Arcata. As part of the Centennial Speakers Series, HSU presents the second president of the United Farm Workers of America. Free, tickets required. carts@humboldt.edu. 826-3928.

Our Pathways to Health. 9 a.m. Humboldt Senior Resource Center, 1910 California St., Eureka. A resource for individuals with long-term health conditions to gain tools to manage their symptoms and learn to partner with their provider. RSVP. Free. 445-2806.

MOVIES

Banff Mountain Film Festival. 6 p.m. Arcata Theatre Lounge, 1036 G St. Films that show the action and excitement of outdoor sports in the Canadian mountains. \$15 advance, \$20 at the door. www.arcatatheatre.com.

MUSIC

Humboldt Ukulele Group. Second Monday of every month, 5:30 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. A casual gathering of ukulele strummers who have fun and play together for a couple of hours. Beginners welcome and you won't remain one long! \$3. dsanderl@arcatanet.com. 839-2816.

SPOKEN WORD

Poets on the Plaza. Second Monday of every month, 8 p.m. Plaza View Room, Eighth and H streets, Arcata. Read/perform your original poetry or hear others. \$1.

EVENTS

Tall Ships. Adorni Recreation Center, 1011 Waterfront Drive, Eureka. See April 11 listing.

ETC

Cribbage Lessons. 5:30-7 p.m. Moose Lodge, 4328 Campton Road, Eureka. Brush up on your cribbage skills or learn how to play. Free.

15 tuesday

ART

Family Art Night. 5 p.m. Ferndale Elementary School, 164 Shaw Ave. A silent auction of student work, gourmet desserts, mask making, music by The Mighty Rovers and live painting by Sonny Wong, Sean Griggs and Andrei Hedstrom. Free. zoe@sweetruth.com. 786-4707

LECTURE

Our Pathways to Health. 5:30 p.m. Renner Room, St. Joseph's Hospital, Eureka. A resource for individuals with long-term health conditions to gain tools to manage their symptoms and learn to partner with their provider. RSVP. Free. 445-2806.

MOVIES

Banff Mountain Film Festival. 6 p.m. Arcata Theatre Lounge, 1036 G St. See April 14 listing.

To Be or Not To Be. 6:30 p.m. Eureka Main Library, 1313 Third St. The Humboldt County Library's classic film series "The Lubitsch Touch" starts with Jack Benny and Carole Lombard as married ham actors, whose squabbling Polish theater troupe is put out of business by invading Nazis. Free. 269-1905.

MUSIC

Michael Moore Quartet. 8 p.m. Morris Graves Museum of Art, 636 F St., Eureka. The Redwood Jazz Alliance presents saxophonist/clarinetist and Humboldt County native Michael Moore, a major figure on the international jazz scene. \$15 general, \$10 students and seniors. rja@redwoodjazzalliance.org. www.humboldtarts.org. 633-8385.

San Francisco Scottish Fiddlers. 8 p.m. Van Duzer Theatre, Humboldt State University, Arcata. An evening of Celtic tunes, songs and dances with 80 fiddlers backed by piano, drums, cellos, guitars, harps and harmonica. Featuring Scottish master fiddler Alasdair Fraser. \$25, \$15 kids, \$5 HSU students. carts@humboldt.edu. 826-3928.

Ukulele Play and Sing Group. 1:30 p.m. Humboldt Senior Resource Center, 1910 California St., Eureka. All genres of music, from "Greensleeves" to "Hound Dog." If you can carry a tune and play a stringed instrument, come party with us. We have extra songbooks. Donations appreciated. veganlady21@yahoo.com.

THEATER

Three Trees. 8 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. When war breaks out and the military takes control, three clowns create a routine so funny it paralyzes the rank and file with laughter. May not be suitable for children. \$18 general, \$15 students and seniors, \$10 kids 12 and under. info@dellarte.com. www.dellarte.com. 668-5663 ext. 20.

EVENTS

Farm to School Docent Orientation. 5 p.m. Greenway Building, 1385 8th Street, Arcata. Volunteers are needed to help lead farm field trips for second and third graders at DeepSeeded Community Farm and Shakefork Community Farm. Free. meredith@caff.org. 826-0233.

Tall Ships. Adorni Recreation Center, 1011 Waterfront Drive, Eureka. See April 11 listing.

ETC

Humboldt Cribbage Club. 6:15 p.m. Moose Lodge, 4328 Campton Road, Eureka. Play some cards. 444-3161.

16 wednesday

LECTURE

Our Pathways to Health. 1:30 p.m. Ferndale Community Church, 712 Main St. A resource for individuals with long-term health conditions to gain tools to manage their symptoms and learn to partner with their provider. RSVP. Free. 445-2806.

MOVIES

Humboldt Film Festival. 7 p.m. Van Duzer Theatre, Humboldt State University, Arcata. Four nights of original films from all over the world, including animation on Wednesday, documentaries on Thursday, narratives on Friday and Best of the Fest on Saturday. \$20 festival pass, \$8 general, \$5 students and seniors, \$3 HSU students.

Planet of Storms. 6 p.m. Arcata Theatre Lounge, 1036 G St. Sci Fi Pint & Pizza Night with a Soviet-made film from 1962 about cosmonauts on Venus and the reptiles that want to eat them. Free with \$5 food or beverage purchase. www.arcatatheatre.com.

MUSIC

Bruce Cockburn. 7:30 p.m. Mateel Community Center, 59 Rusk Lane, Redway. One of North America's most prolific and respected folk/rock artists brings down the house. \$32 advance, \$35 at the door, \$22 advanced balcony, \$25 balcony at the door. office@mateel.org. www.mateel.org. 923-3368.



Don't Drop the Ball

Jugglers make it look so easy, like their hand-eye coordination isn't bafflingly super human. That skill, that perfect rhythm of movement and pizzazz, is supposedly something you can learn to do with "practice" and "effort." Before you spend hours alone in your backyard dropping things, you're gonna want to learn the basics. The **Humboldt Juggling Society's Festival** is a free, three-day crash course in all things juggly.

The festival runs from **April 11 through 13** at the **Arcata Community Center**, and it's a juggle-naut. From **9 a.m. to 5 p.m.** each day, the doors are open to any and all who want to see demonstrations, participate in juggling lessons and workshops, or enjoy games and raffles. You know you want to take the "Beginning Balls" class just so you'll have an excuse to say it to all your friends with a straight face.

If you're more of a watcher than a doer, then you'll want to catch **Art of Play** on **April 12** at **7 p.m.** at the **Arcata Community Center**. It's an exhibition of throwing, catching and fire, three of the main ingredients of awesome. Admission is \$15 for adults and the show is free for children 12 and under, but they have to be accompanied by an adult. Again, there will be fire.

There's no need to pick up tickets or register for the open house portion of the Juggling Fest, but you can pick up tickets for **Art of Play** at Wildberries in Arcata or purchase them at the door.

— Dev Richards

Dark Star Orchestra. 8 p.m. Eureka Theater, 612 F St. Veteran Grateful Dead cover band. All ages. \$30. img-dir61@aol.com. www.theeurekatheater.org. 502-5024.

EVENTS

GMO Free Humboldt. 6 p.m. Co-op Community Kitchen, Arcata, 971 Eighth St. Volunteers are needed to help pass an initiative during the Nov. 2014 election. Free. humboldtgmofree@gmail.com.

Pints for Non-Profits. noon. Mad River Brewing Company & Tasting Room, 101 Taylor Way, Blue Lake. One dollar from every pint will benefit The Northcoast Preparatory and Performing Arts Academy. www.madrivbrewing.com.

Tall Ships. Adorni Recreation Center, 1011 Waterfront Drive, Eureka. See April 11 listing.

FOR KIDS

Playgroup. 10 a.m. Discovery Museum, 501 Third St., Eureka. Playtime in the museum that provides children and families with great resources. Free. info@discovery-museum.org. www.discovery-museum.org. 443-9694.

Story Time. 1 p.m. McKinleyville Library, 1606 Pickett Road. Liz Cappiello reads stories to children and their parents. Free.

MEETINGS

Dow's Prairie Grange Monthly Meeting. Third Wednesday of every month, 6 p.m. Dow's Prairie Grange Hall, 3995 Dows Prairie Road, McKinleyville. Get involved in your community Grange. dowsgrange@gmail.com. www.dowsprairiegrange.org/. 840-0100.

Science of Mind. 5:45 p.m. Ramone's Bakery & Café, Harrison, 2297 Harrison St., Eureka. Casual gathering over coffee or tea for discussion with Diane Decker. Free. www.ramonesbakery.com. 502-9217.

OUTDOORS

Godwit Days. 8 a.m.-5 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. The opening day features birding trips at the Mill Creek Watershed at 8 a.m., the Arcata Marsh at 11:30 a.m. and South Bay to Trinidad at 1:30 p.m. All trips start at the community center. Pre-register online. Varies by event. www.godwitdays.org. 826-7050.

Volunteer Landscaping Training. 5 p.m. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Learn how to maintain the grounds by removing invasive plants. Free.

17thursday

ART

Art for Teens. 4:30-6 p.m. Fortuna United Methodist Church, 922 N St. Drawing, painting, mixed-media, sculpting and more. Free.

Volunteer Training. 6:30 p.m. SCRAP Humboldt, 101 H St. Suite D, Arcata. Learn to help out in our reuse shop, workshop space, at events and so much more. Free. volunteer@scraphumboldt.org. www.scraphumboldt.org. 822-2452.

LECTURE

Future Perfect. 4:15 p.m. College of the Redwoods, 7351 Tompkins Hill Road, Eureka. "Time Capsules in Reagan Country" is an art, history and political science project by Daniel Tucker, a Chicago-based artist. Free. cindy-hooper@redwoods.edu. www.redwoods.edu. 476-4118. "The Ghost Forest." 5:30 p.m. Kate Buchanan Room, Humboldt State University, Arcata. Author and activist Greg King describes the history and the ancient redwood ecosystem and what must be done to protect it. Free.

Our Pathways to Health. 1:30 p.m. Grace Good Shepherd Church, 1450 Hiller Rd, McKinleyville. See April 10 listing.

MOVIES

Humboldt Film Festival. 7 p.m. Van Duzer Theatre Humboldt State University, Arcata. See April 16 listing.

MUSIC

Humboldt Ukulele Group. Third Thursday of every month, 5:30 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. See April 14 listing.

THEATER

The Complete Works of William Shakespeare (Abridged) [Revised]. 8 p.m. North Coast Repertory Theatre. See April 11 listing.

I Love You Because Preview. 8 p.m. Redwood Curtain Theatre, 520 First St., Eureka. This modern twist on *Pride and Prejudice* is a collaboration with Humboldt Light Opera Company. \$10.

EVENTS

Tall Ships. Adorni Recreation Center, 1011 Waterfront Drive, Eureka. See April 11 listing.

FOR KIDS

Young Discoverers. 10:30 a.m. Discovery Museum, 501 Third St., Eureka. See April 10 listing.

OUTDOORS

Godwit Days. 6:30 a.m.-10 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. The second day of the festival features six field trips and a reception at the Stone Lagoon Visitor Center. Field trips begin at the community center. Pre-register online. Varies by event. www.godwitdays.org. 826-7050.

Trail Stewards Training. Third Thursday of every month, 9 a.m.-noon. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Bring water and wear work clothes. Tools and gloves are provided. Free. info@friendsofthedunes.org. 444-1397.

ETC

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. See April 10 listing.

Heads Up ...

The Sierra Club is accepting scholarship applications for summer camps being held in July. Applications are due May 12. 442-5444.

Registration for summer camp and leadership training through the Arcata Recreation Department begins on April 14. 822-7091 or www.cityofarcata.org.

The Six Rivers National Forest is looking for volunteers to spend the summer as campground hosts at one of the four ranger districts. www.volunteer.gov.

Artists are invited to submit their original artwork to the 2014-2015 California Duck Stamp Art Contest. Submissions are accepted between April 25 and May 23. www.dfg.ca.gov/duckstamp.

Dream Quest is now accepting applications for college scholarships. Applications are due May 1. (530) 629-3564.

Humboldt Area Foundation is now accepting applications for the 2014 Summer Youth Mini-Grant Program and for scholarships for graduating high school seniors. Applications for grants are due April 15 and applications for scholarships are due April 21. 442-2993.

The Clarke Museum is accepting applications for the Redwood Coast Beer and BBQ Cook Off. Deadline is April 18. www.clarkemuseum.org.

Fin-n-Feather's 10th Annual Doggy Easter Biscuit Hunt

Hunt for over 2,000 biscuits.

10 GRAND PRIZE BISCUITS WORTH HUNDREDS \$\$\$! AND MORE...

Prizes are non-transferable.

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North Coast Rape Crisis Team

It's not your fault.

You're not alone.

24-hr confidential hotline: (707) 445-2881

TTY line: (707) 443-2738 (M-F 8:30-5)

Collect calls accepted

Movie Times

Film times reflect the most current listings as of Tuesday afternoon. As schedules at individual theaters sometimes change, we recommend calling ahead to avoid any inconvenience.

Broadway Cinema

1223 Broadway St., Eureka, (707) 443-3456

Bad Words Fri-Tue: 8:40
Captain America: The Winter Soldier

Fri-Tue: (11:50a.m., 3), 6:10, 9:20

Captain America: The Winter Soldier 3D

Fri-Tue: (11:35a.m., 2:40), 5:45, 8:50

Divergent Fri-Tue: (11:40a.m., 2:50), 6, 9:10

Draft Day Fri-Tue: (12:50, 3:35), 6:20, 9

God's Not Dead Fri-Tue: (12:20, 3:05), 5:50, 8:35

The Grand Budapest Hotel Fri-Tue: (1:45, 4:20), 6:55, 9:25

Muppets Most Wanted Fri-Tue: (11:45a.m., 2:30)

Noah Fri-Tue: (1:55), 5:05, 8:20

Oculus Fri-Tue: (1:30, 4:10), 6:50, 9:30

The Raid 2 Fri-Tue: (2), 5:30, 8:55

Rio 2 Fri-Tue: (12:15, 2:05, 2:55, 4:45), 5:35, 8:10

Rio 2 3D Fri-Tue: (11:30a.m.), 7:25

Son of God Fri-Tue: 5:20

Mill Creek Cinema

1575 Betty Court, McKinleyville, (707) 839-2222

Captain America: The Winter Soldier

Fri-Sun: (11:40a.m., 2:55), 8:45; Mon-Thu: (2:55), 8:45

Captain America: The Winter Soldier 3D Fri-Tue: 5:25, 9:20;
Wed-Thu: 9:20

Divergent Fri-Sun: (11:45a.m., 2:50), 6, 9:10;

Mon-Wed: (2:50), 6, 9:10; Thu: (2:50), 6

Draft Day Fri-Sun: (12:45, 3:30), 6:15, 9; Mon-Thu: (3:30), 6:15, 9

God's Not Dead Fri-Thur: 6:35

Mr. Peabody & Sherman Fri-Sun: (1:40, 4:05); Mon-Thu: (4:05)

Noah Fri-Sun: (11:35a.m., 2:40), 5:45, 8:50;
Mon-Thu: (2:40), 5:45, 8:50

Oculus Fri-Sun: (1:30, 4:10), 6:50, 9:30; Mon-Thu: (4:10), 6:50, 9:30

Rio 2 Fri-Sun: (11:30a.m., 12:15, 2:05, 4:45), 6:05, 7:25, 9:40;
Mon-Thu: (4:45), 6:05, 7:25, 9:40

Rio 2 3D Fri-Thur: (2:45), 8:30

Minor Theatre

1001 H St., Arcata, (707) 822-3456

Captain America: The Winter Soldier Fri: 5:45, 8:50;

Sat-Sun: (2:40), 5:45, 8:50; Mon-Thu: 5:45, 8:50

The Grand Budapest Hotel Fri: (4:10), 6:40, 9:10;

Sat-Sun: (1:40, 4:10), 6:40, 9:10; Mon-Thu: (4:10), 6:40, 9:10

The Lunchbox Fri: (3:40), 6:10, 8:40;

Sat-Sun: (1:10, 3:40), 6:10, 8:40; Mon-Thu: (3:40), 6:10, 8:40

Fortuna Theatre

1241 Main St., (707) 725-2121

Captain America: The Winter Soldier Fri: (4), 7:15;

Sat-Sun: (1:05, 4), 7:15; Mon-Thu: (4), 7:15

Draft Day Fri: (4:05), 6:40, 9:25; Sat: (12:10, 4:05), 6:40, 9:25;

Sun: (12:10, 4:05), 6:40; Mon-Thu: (4:05), 6:40

God's Not Dead Fri: (3:45), 6:45, 9:20; Sat: (12:45, 3:45), 6:45, 9:20;

Sun: (12:45, 3:45), 6:45; Mon-Thu: (3:45), 6:45

Noah Fri: (3:15), 6:30, 9:30; Sat: (12, 3:15), 6:30, 9:30;

Sun: (12, 3:15), 6:30; Mon-Thu: (3:15), 6:30

Oculus Fri: (3:45), 6:35, 9:10; Sat: (12:05, 3:45), 6:35, 9:10;

Sun: (12:05, 3:45), 6:35; Mon-Thu: (3:45), 6:35

Rio 2 Fri: (3:55), 6:20, 8:45; Sat: (1:15, 3:55), 6:20, 8:45;

Sun: (1:15, 3:55), 6:20; Mon-Thu: (3:55), 6:20

Garberville Theatre

766 Redwood Drive, (707) 923-3580

Call theater for schedule.

FILMLAND



JASON BATEMAN'S GUY TRILBY IS ACTUALLY TOO OLD FOR THIS SHIT.

Role Models

Bateman goes dark, *Captain* steps up

By John J. Bennett

filmland@northcoastjournal.com

Reviews

BAD WORDS. Since his resurgence on TV's *Arrested Development* (a handful of hilarious movie cameos notwithstanding), Jason Bateman has been remade as a sort of put-upon everyman/icon. With Ben Stiller becoming a victim of his own newfound sincerity, Bateman the new face of frustrated good intentions, the likeable loser destined to catch a break, eventually. Not so with this, his feature debut as director/star, wherein he is almost wantonly unlikeable.

Bateman's Guy Trilby, a hard-drinking 40-year-old misanthrope, has something to prove. Having dedicated himself to learning esoteric words and exploiting the rulebook, Trilby is in the process of winning a regional spelling bee when the

movie opens. His victory, along with his foul mouth and generally hateful demeanor, enrages the parents of his child opponents, as well as the event organizers. But there is little they can do to stop him, so it's off to Los Angeles for the national finals.

Accompanying Trilby is Jenny Widgeon (Kathryn Hahn), a "reporter" for the news website bankrolling his venture. She tries to get inside his head, he refuses, and they engage in a series of off-putting sexual encounters. When they aren't in bed, he affords her zero respect or regard. Likewise Chaitanya Chopra (Rohan Chand), a young competitor who attempts to befriend Trilby. The boy does make some inroads, but when his motives come into question it sparks an escalating conflict.

The protagonist's motivation for all of this is obscured through much of the movie, but its reveal doesn't come as much of a surprise. From that moment on, *Bad Words* switches from caustic, raunchy comedy to a maudlin drama about parenthood and perpetual adolescence. This is a jarring transition — as unpleasant and cruel as Trilby seems in the first two acts, he's still pretty funny. And an R-rated comedy is rare, so it feels like a disappointing bait and switch for one to dissolve into a predictable, safe ending like this.

The cast is solid, Bateman directs with a sure hand and there are some truly funny moments. But the uneven tone of the narrative and the surrender to sensitivity and likeability sacrifice much of the darkly enjoyable nastiness the movie promises early on. R. 89m.

CAPTAIN AMERICA: THE WINTER SOLDIER. The first installment in this franchise left a minimal impression on me. I enjoyed the richness of the detail in its World War II setting, and I recall Hugo Weaving going stone crazy as a Nazi scientist, but that's about it. Having seen the trailer for part two — with neither World War II details nor insane war criminals — several dozen times, my enthusiasm was tempered. To my relief, *The Winter Soldier* is a much stronger, if unnecessarily long and noisy, movie than its predecessor.

Chris Evans reprises his role as Captain America/Steve Rogers. He's doing his level best to get acclimated to life in the 21st century, but he's struggling. Warfare and loyalty don't seem to have the same meanings in the modern world as they did in the '40s. Right in the middle of his existential dilemma, unknown forces stage a seemingly fatal attack on S.H.I.E.L.D. head Nick Fury (Samuel L. Jackson). Fury tells the Captain to trust no one, and that the agency has been compromised. Soon enough, Captain America is a fugitive from his own agency, lamming it with the help of Black Widow (Scarlett Johansson) and newfound ally the Falcon (Anthony Mackie). They must combat a sinister faction rising within S.H.I.E.L.D. that's planning preemptive drone genocide in the name of national security. Oh, and a Soviet-engineered supersoldier with a metal arm and no remorse (the fellow from the title).

As with any Marvel franchise movie, the plot is secondary to the quippy dialogue and set-piece action sequences, and

MOVIES

April 11 - April 16

Fri Apr 11 - Purple Rain (1984)
Doors at 7:30 \$5 Rated R

Sun Apr 13 - Tarzan (1999)
Doors at 5:30 p.m. \$5 Rated G

Mon Apr 14 - Banff Mountain Film Festival
Doors at 6 p.m. \$20/\$15 All ages

Tue Apr 15 - Banff Mountain Film Festival
Doors at 6 p.m. \$20/\$15 All ages

Wed Apr 16 - Sci Fi Night ft. Planet of Storms (1962)
Doors at 6 p.m. All ages Free w/food & Bev Purchase

Arcata Theatre Lounge

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I'm okay with that. Evans has grown into his starring role, and he'd be hard-pressed to ask for better supporting actors. And the airborne battle climax is pretty damned exciting. Even though it trades a historical setting for ultra-modern spy-craft, this is by far the more enjoyable *Captain America* (even at more than two and half hours). PG13. 136m.

Previews

DRAFT DAY. Kevin Costner is the general manager for the Cleveland Browns, wheeling and dealing to get the team he wants in this NFL pressure cooker. PG13. 109m.

THE LUNCHBOX. A chance encounter leads to strange pen pals in Mumbai. PG. 104m.

OCULUS. Karen Gillan tries to prove her parents were killed by a haunted antique mirror and clear her brother's name. Should ruin rummage sales for everyone. R. 105m.

THE RAID 2. Rama returns with a badge and a grudge. People are going to get kicked. R. 149m.

RIO 2. The birds visit the Amazonian jungle to spend time with the in-laws, sing, dance and battle the evil Nigel. G. 101m.

Continuing

DIVERGENT. Veronica Roth's Myers-Briggs dystopia — in which extraordinary teens are targets of state oppression — gets the *Hunger Games* franchise marketing treatment. PG13. 139m.

GOD'S NOT DEAD. A devout college student debates his philosophy classmates and professor to prove God exists. It's harder to convince us that Kevin Sorbo is a professor. PG. 113m.

GRAND BUDAPEST HOTEL. Wes Anderson's Instagram-toned tale of hotel intrigue with concierge-Romeo Ralph Fiennes is his funniest and best written yet. PG13. 138m.

MR. PEABODY AND SHERMAN. Charming and fun animated adventure about a brainy cartoon pooch named Mr. Peabody (Ty Burrell), his adopted human son and a time rift. PG. 92m.

MUPPETS MOST WANTED. The Muppets hit Europe and encounter dopelgangers, jewel heists and celebrity cameos. Swell turns by Ty Burrell and Tina Fey, both trying to ensnare Kermit one way or another. PG. 112m.

NOAH. Darren Aronofsky made a CG biblical disaster movie, and lo, it was frustrating and all over the place. With Russell Crowe as the pre-FEMA hero trying to keep heads above water. PG13. 138m.

—Jennifer Fumiko Cahill

workshops & CLASSES

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Arts & Crafts

DIY WEDDING PLANNING WORKSHOP SERIES: TABLESCAPES & DESIGN. Hands-on exp, tips, tricks in table design & decor. 6-8 p.m., Tue, April 22, at The Party Place, Eureka. \$20 adv/\$25 day-of. 15 seats. Register at <http://diytablescapes.bpt.me/>. Contact: galaeventsandweddings@gmail.com

Communication

LIVING WITH AUTISM DISCUSSED AT LIFETREE CAFÉ. Coping with the challenges of living with autism Sun., April 13, 7 p.m. Program, "Living With Autism: A Peek Into a Hidden World;". Admission is free. Snacks & beverages are available. Corner of 13th & Union, Arcata. Lifetree Café is a conversation café. Phone (707) 672-2919. (CMM-0410)

MEETINGS THAT GET RESULTS. Learn facilitation techniques that ensure much shorter meetings that deliver powerful results. With Janet Ruprecht. Fri., April 25, 8:30 a.m.-12:30 p.m. Fee: \$85 (includes materials). Pre-registration required. Call HSU College of eLearning & Extended Education at 826-3731 to register, or visit www.humboldt.edu/extended (CMM-0410)

PARENT/ DAUGHTER WORKSHOP. Thursday May 15, 5:30-7:30 p.m., for 9-12 year old daughters and her parents (Mothers or a significant adult female role model are encouraged to attend). Workshop aims to foster positive attitudes about girl's bodies and the changes to look forward to during puberty. Presented by Six Rivers Planned Parenthood health educators, \$10-\$20 sliding scale, scholarships available, pre-registration required, space limited. Call for more info. and to register (707) 442-2961. 3225 Timber Fall Court, Eureka.

PARENT/ SON DISCUSSION GROUP. Thursday May 8, 6-8 p.m., for 6th- 8th grade boys and his parents (Fathers or a significant adult male role model are encouraged to attend). Discussion group will focus on topics including puberty, relationships, peer pressure, and responsibility. Presented by Six Rivers Planned Parenthood health educators, \$10-\$20 sliding scale, scholarships available, pre-registration required, space limited. Call for more info. and to register (707) 442-2961. 3225 Timber Fall Court, Eureka. (CMM-0424)

Computer

MICROSOFT ACCESS BASICS. Explore Access database options for managing your data. Learn about information storage, queries and reports with Joan Dvorak. Mondays, April 28-May 19, 6-8 p.m. Fee: \$75. Pre-registration required. Call HSU College of eLearning & Extended Education at 826-3731 to register, or visit www.humboldt.edu/extended (CMP-0410)

Dance/Music/Theater/Film

BEGINNING STEEL DRUM. Mon. evenings, Apr. 7-28, 7-8 p.m. & Fri. mornings, Apr. 4-25, 11:30 a.m.-12:30 p.m. Fee: \$50. Pan Arts Network 1049 Samoa Blvd. (707) 407-8998. info@panartsnetwork.com (DMT-0424)

DANCE WITH DEBBIE: Learn the classic Waltz or the flirty Cha cha during May at North Coast Dance Annex. Try a drop-in Salsa class at Redwood Raks. Private lessons also available. We make dancing fun! debbie@dancewithdebbie.biz, (707) 464-3638 www.dancewithdebbie.biz (DMT-0424)

MUSIC LESSONS. Piano, Guitar, Voice, Flute, etc. Piano tuning. Instrument repair. Digital multi-track recording. (707) 476-9239. (DMT-0529)

REDWOOD RAKS WORLD DANCE STUDIO, ARCATA. West African, Belly Dance, Tango, Salsa, Swing, Breakdance, Jazz, Tap, Modern, Zumba, Hula, Congolese, more! Kids and Adults, 616-6876. (DMT-0626)

Fitness

NORTH COAST FENCING ACADEMY. Fencing (with swords!). Improve your mind and body in a fun, intense workout, and a very chill environment. Ages 8 and up. 1459 M St., Arcata. Contact Justin (707) 601-1657 text or phone, or email northcoastfencingacademy@gmail.com (F-0417)

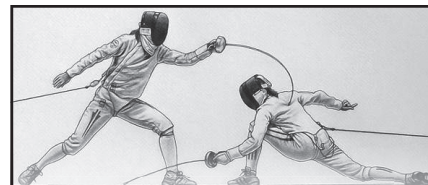
PILATES: BUILD A SOLID FOUNDATION AT THE DANCE SCENE STUDIO. New class starting March 7. All levels welcome but focus for Spring is Fundamentals & Beginning level exercises. Fri. 11:30 a.m.-12:30 p.m., Studio A at newly renovated The Dance Scene Studio (see DanceEureka.com), 1011 H St., Eureka. \$10 class, \$25 for 5 class pass. Call (707) 616-7091 or email krenekluu@yahoo.com for questions. (F-0508)

PILATES: INCREASE YOUR POTENTIAL THROUGH A MINDFUL MOVEMENT. Arcata Core Pilates offers beginning-advanced group Pilates Mat, reformer, chair, TRX, as well as Private Training Sessions. Our instructors are all certified. The diversity in training and background makes a deep well for clients to draw from. Call 845-8156 or email arcatacorepilates@gmail.com, website:arcatacorepilatesstudio.com. (F-0424)

ZUMBA WITH MARLA JOY. Elevate, Motivate, Celebrate another day of living. Exercise in Disguise. Now is the time to start, don't wait. All ability levels are welcome. Every Mon. & Thurs. Bayside Grange 6-7 p.m., 2297 Jacoby Creek Rd. \$6/\$4 Grange members. Every Tues. & Thurs. Aqua Zumba, 9:15 a.m., Vector Pool, 3289 Edgewood Rd, Eureka. Experience a flowing, soothing, guided meditation using simple movements in warm water with Ai Chi, Tues. 5 p.m., Vector Pool. Marla Joy (707) 845-4307 marlajoy.zumba.com (F-0508)

SUN YI'S ACADEMY OF TAE KWON DO. Classes for kids and adults, child care, fitness gym, and more. Tae Kwon Do Mon-Fri 5-6 p.m., 6-7 p.m., Sat 10-11 a.m. Come watch or join a class, 1215 Giuntoli Lane, or visit www.sunyisarcata.com, 825-0182. (F-0626)

continued on next page ►



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workshops & CLASSES

continued from previous page

DANCE-FIT. Dance, aerobics & strength training all in one class! Mon., Wed. & Fri. 9-10 a.m First class is free. Drop in for \$5 per class or 14 classes for \$55. No Limits tap & jazz studio, corner of 10th & K st. Arcata. 825-0922. (F-0424)

Home & Garden

KLAMATH KNOT PERMACULTURE DESIGN COURSE. Earn a Permaculture Design Certificate and learn ecological design, natural building, forest farming, mushroom production, greywater design, rainwater catchment and more in this extended course. (530) 627-3379 mail@sandybar.com, www.KlamathKnot.com (HG-0417)

Kids & Teens

CERAMICS FOR OLDER KIDS, AGES 7-12. \$80. (5-week classes) Mon's 4 p.m.-6 p.m., May 5-June 2; Tues's 4 p.m.-6 p.m., May 6-June 3. Adventure with clay; Learn various hand building and wheel-throwing techniques. Fire Arts Center, 520 South G St., Arcata. (707) 826-1445, www.fireartsarcata.com (K-0424)

RAMPART INDOOR SKATEPARK. Join our Skate & BMX Camp April 14-18 and 21-25 for Easter Break. Ages 5-14 are welcome. Camp runs 10:30 a.m.-2:30 p.m with the option to stay into normal operation hours. Cost \$40/day or \$139 for all five days. For more info. & registration, visit the park, 700 South G St., Arcata, call 826-0675, or our visit website www.rampartskatepark.org (K-0410)

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SCHOOL'S OUT! SPRINGTIME AT THE ZOO JUNIOR ZOOKEEPERS SPRING BREAK CAMP. Join us for a week of hands-on discovery about wildlife and animals. Tues-Fri., April 15-18, 9 a.m.- noon. Call 441-4263 or visit sequoiaparkzoo.net for info. (K-0410)

SPRING BREAK CIRCUS THEATER FOR KIDS: Arcata Playhouse presents 4 fun theater workshops April 21-25. For kids ages 7-10: Clowning for Kids, 9 a.m.- noon and Mask Making & Performance, 12:30 - 3:30 p.m. For kids ages 11-14: Mask Making & Performance, 9:00 a.m. - 12:30 p.m., and Circus Theater & Comedy from 12:30 p.m. - 3:30 p.m. \$100 per class \$75 for a second class. (707) 822-1575 www.arcataplayhouse.org (K-0417)

50 and Better

OSHER LIFELONG LEARNING INSTITUTE (OLLI). Offers dynamic classes for people age 50 and over. Call 826-5880 or visit www.humboldt.edu/olli to register for classes (O-1225)

THE ABC'S OF PEAK AGING. A Primer for Living Long and Well. Look at ways to consciously age with grace, intelligence, wisdom and gratitude. Explore practical issues including health care directives and writing your obituary. With Sharon Ferrett. Wed's., April 23-May 14, 4-6 p.m., \$65/OLLI members only, OLLI: www.humboldt.edu/olli, 826-5880 (O-0417)



BHUTAN AND TIBET. The Tour Without The Airfare. Compare and contrast these two countries: Bhutan is clinging to ancient customs while Tibet is rapidly developing toward first world status. With Roland Lamberson & Rick Vrem. Tues., April 22, 6-8 p.m., \$30/OLLI members, \$55/nonmembers. OLLI: 826-5880, www.humboldt.edu/olli (O-0417)

BOOK ARTS: STAB BINDINGS. Stab bound books lend themselves to journals, scrapbooks, guest books, and gift books. These formal bindings were developed over hundreds of years in Japan, Korea, and China. With Michele Olsen. Thurs., May 1, 1-5 p.m., \$45/OLLI members, \$70/nonmembers. OLLI: 826-5880, www.humboldt.edu/olli (O-0424)

COLUMBIA IS MAGICAL REALISM. Explore Colombia through the genre of Magical Realism, the land where magical elements are a part of the culture, art and literature. With Christopher Calonje. Thurs., April 17, 2-4 p.m., \$30/OLLI members, \$55/nonmembers. OLLI: 826-5880, www.humboldt.edu/olli (O-0410)

FREE MEDICARE WORKSHOPS. Offered by Area 1 Agency on Aging's trained HICAP counselors the second Thurs. of every month through Aug. Hour-long workshops make Medicare understandable. Drop by second floor conference room at AIAA, 434 Seventh St., Eureka. Medicare Basics for Boomers, 4-5 p.m., May 8. On deck: Supplementing Medicare, June 12, 4-5 p.m. (O-0501)

GENEALOGY AND FAMILY HISTORY. Make your ancestors' lives part of your life. Discover what to expect as you research records and find out who else has already dug in the past. With Michael Cooley. Sat's., April 25-May 17, 10 a.m.-noon., \$65/OLLI members, \$90/nonmembers. OLLI: 826-5880, www.humboldt.edu/olli (O-0424)

START THE PRESS. Great Events in Media History. Discuss momentous moments in journalism including the invention of printing, sensationalism, muck-raking, the Pentagon papers, Watergate and more with Maclyn McClary. Fri'S., April 25-May 2, 10 a.m.-noon, \$40/OLLI members, \$65/nonmembers. OLLI: 826-5880, www.humboldt.edu/olli (O-0424)

THE BEAUTIFUL GAME. History and Mystery of World Cup Soccer. This class will look at the history and highlights of soccer and the road to the World Cup, the biggest single-event sporting competition in the world with Tim Laney. Thurs., April 17-May 1, 6-8 p.m., \$55/OLLI members, \$80/nonmembers. OLLI: www.humboldt.edu/olli, 826-5880 (O-0410)

THE ROYAL GENEALOGIES OF BRITAIN. Explore the royal genealogies of England, Ireland, and Scotland from antiquity to the present day. With Michael Cooley. Sat., April 26, 1-4 p.m., \$30/OLLI members, \$55/nonmembers. OLLI: 826-5880, www.humboldt.edu/olli (O-0424)

WHO OR WHAT ARE WE? Symbiosis on a Personal Scale. Join Robert Rasmussen to examine four episodes of biological exploration and interconnectedness that have had a profound impact on who we are, as a species and as individuals. Fri's., April 25-May 16, 3-4:30 p.m., \$65/OLLI members, \$90/nonmembers. OLLI: www.humboldt.edu/olli, 826-5880 (O-0424)

Spiritual

ARCATA ZEN GROUP MEDITATION. Arcata & Eureka. Beginners welcome. ARCATA: Sun's 7:55 a.m. At NorthCoast Aikido on F Street (entrance in alley between 8th and 9th, upstairs). Call 826-1701 or visit arcatazengroup.org. EUREKA: Wed's 5:55 p.m., First Methodist Church, enter single story building between F & G on Sonoma St, room 10. Call 845-8399 or barryevans9@yahoo.com for more information. (S-0626)

KDK ARCATA BUDDHIST GROUP. Under the direction of Lama Lodru Rinpoche. We practice Tibetan meditation, followed by discussion. All are welcome. For more info contact Lama Nyugu (707) 442-7068, Fierro_roman@yahoo.com. Sun's 6 p.m, Community Yoga Center 890 G St, Arcata. Our webpage is www.kdkarcatagroup.org (S-0424)

KIRTAN AND HEALING MANTRA. With Jaya Lakshmi & Ananda + the Bhakti Bliss Band. At Om Shala Yoga. Sat., April 26. 7 p.m.-10 p.m. A sweet evening of sacred sound. \$15 advanced tickets. \$20 at the door. 858 10th St., Arcata. 825-YOGA (9642). www.omshalayoga.com. (S-0410)

TAROT AS AN EVOLUTIONARY PATH. Classes in Eureka, and Arcata. Private mentorships, readings. Carolyn Ayres. 442-4240 www.tarotofbecoming.com (S-0424)

Therapy & Support

FREE DEPRESSION SUPPORT GROUP. Walk-in support group for anyone suffering from depression. Meet Mon's 6:30 p.m -7:45 p.m, at the Church of the Joyful Healer, McKinleyville. Questions? Call (707) 839-5691. (TS-0424)

SEX/ PORN DAMAGING YOUR LIFE & RELATIONSHIPS ? Confidential help is available. 825-0920, saahumboldt@yahoo.com or (TS-0424)

ALCOHOLICS ANONYMOUS. We can help 24/7, call toll free 1-844-442-0711. (T-0424)

NICOTINE ADDICTION RECOVERY MEETINGS. Mon's, 7-8 p.m. at American Cancer Society Conference Rm., 2942 F St., Eureka, for details call local Nicotine Anonymous affiliate (707) 499-0224. (T-0410)

SMOKING POT? WANT TO STOP? www.marijuana-anonymous.org (T-0731)

Vocational

FUNDRAISING FOR NONPROFITS: THE PEOPLE. A comprehensive overview of volunteer identification & recruitment, & best practices for developing & maintaining strong boards, the relation between board & staff, & inspired team building. Tues's., April 29-May 20, 6-8 p.m. Fee: \$195. Discount available to members of NorCAN. To enroll, call HSU College of eLearning & Extended Education: 826-3731 or visit www.humboldt.edu/fundraisingcertificate (V-0410)

Wellness & Bodywork

DANDELION HERBAL CENTER. Classes with Jane Bothwell. Intermediate Herbology, April 16 - June 11 2014, 8 Wed. evenings. Delve deeper into herbal therapeutics from a holistic perspective. High Country Herb Weekend with Jane & Allison Poklemba. June 5-6. Come join us on the top of the world with majestic mountains, lakes and wildflowers at this special botanical preserve. Register online www.dandelionherb.com or call (707) 442-8157. (W-0410)

NORTHERN CALIFORNIA WOMEN'S HERBAL SYMPOSIUM. In celebration of women, plants and sustainable ways, the plant-sistah tribe will gather three times this year, to explore wholistic, empowering, and healing lifestyles. Session 1: May 16-19, Session 2: May 23-26, Session 3: Aug 29-Sept 1. Join for 1, 2 or all 3 sessions. Each session is four days of over 50 classes, rites-of-passage ceremonies, drumming, dancing, handcrafted marketplace items, camp-fire capers, swimming-hole dips, and connections with remarkable women. All levels welcome. Each session is separate with different classes and teachers. Mendocino County. Work exchange & Crone discounts available. WomensHerbalSymposium.org (707) 824-1429

SPRING CLEANSE GROUP. At Om Shala Yoga. With Peggy Profant. Begins Tues., April 29, 6:30 p.m.-8:30 p.m. Powerful Ejuva cleanse to uplift and clarify. Love your body, detoxify, and feel amazing! Two weeks \$175. Four weeks \$325. 858 10th St., Arcata. 825-YOGA (9642). www.omshalayoga.com (W-0410)

START YOUR CAREER IN MASSAGE THERAPY. Evening classes begin March 10, 2014 at Arcata School of Massage. 650-Hour Therapeutic Massage Certification in California, and the National Exam. Our comprehensive program prepares your body, mind and heart to become a caring, confident professional massage therapist. Call 822-5223 for information or visit arcatamassage.com (W-0424)

YOGA FOR BEGINNERS. At Om Shala Yoga. With Meka Hunt & Sarah Van Wesep. Mon's., and Wed's., 7 p.m.-8:15 p.m. Ongoing. Learn in a safe and supportive environment. \$17 Drop-in. Discounted 5/10 class passes. 858 10th St., Arcata. 825-YOGA (9642). www.omshalayoga.com. (W-0410)



TIM OLSEN'S MEMORIAL
Public Memorial Service
for fallen Briceland
Fire Chief Tim Olsen
will be held on Sunday, April
13, 2014 beginning at 1:00 p.m.
at River Lodge Conference
Center, 1800 Riverwalk Dr.
Fortuna. A reception and
dinner will immediately
follow the memorial service
at the same location. Chief
Tim Olsen was well-loved
and admired for his work in
Emergency services, not only
in southern Humboldt but
all over Humboldt County.
He happily dedicated many
years of his life to protect
and serve our community
and created a strong profes-
sional rural fire department
that is admired and
respected by all. Please join
us in honoring him in the
tradition fitting for a fire
chief of his stature. All
Humboldt county fire
departments will receive
email notification regarding
procession details. Anyone
wishing to make monetary
donations for the Tim Olsen
Memorial Fund can do so by
sending a check to Briceland
Volunteer Fire Department,
PO Box 1249 Redway, CA
95560 or cash donations can
be made at the Community
Credit Union in Garberville
CA under Briceland Volun-
teer Fire Department.

Obituary Information

Obituary may
be submitted via
email (classifieds@
northcoastjournal.
com) or in person.
Please submit pho-
tos in jpeg or pdf
format. Photos can
be scanned at our
office.

The North Coast
Journal prints each
Thursday, 52 times
a year. Deadline for
the weekly edition
is at 5 p.m., on the
Sunday prior to
publication date.

thejournal
OF OPTICS, PEOPLE AND ART

310 F STREET
EUREKA, CA 95501
(707) 442-1400
FAX (707) 442-1401

NOTICE OF PETITION TO ADMINISTER ESTATE OF DONALD LEO GALLACCI, AKA DONALD L. GALLACCI, AKA DONALD GALLACCI CASE NO. PR140088

To all heirs, beneficiaries, creditors,
contingent creditors and persons
who may otherwise be interested in
the will or estate, or both, DONALD
LEO GALLACCI, aka DONALD L.
GALLACCI, aka DONALD GALLACCI
A PETITION FOR PROBATE has
been filed by WILDA GALLACCI
In the Superior Court of California,
County of Humboldt.

THE PETITION FOR PROBATE
requests that WILDA GALLACCI
Be appointed as personal represen-
tative to administer the estate of
the decedent.
THE PETITION requests the dece-
dent's will and codicils, if any, be
admitted to probate. The will and
any codicils are available for exami-
nation in the file kept by court.
THE PETITION requests authority to
administer the estate under the
Independent Administration of
Estates Act. (This authority will
allow the personal representative to
take many actions without
obtaining court approval. Before
taking certain very important
actions, however, the personal
representative will be required to
give notice to interested persons
unless they have waived notice or
consented to the proposed action.)
The independent administration
authority will be granted unless an
interested person files an objection
to the petition and shows good
cause why the court should not
grant the authority.

A HEARING on the petition will be
held on April 24, 2014 at 2:00 p.m. at
the Superior Court of California,
County of Humboldt, 825 Fifth
Street, Eureka, in Dept: 8.
IF YOU OBJECT to the granting of
the petition, you should appear at
the hearing and state your objec-
tions or file written objections with
the court before the hearing. Your
appearance may be in person or by
your attorney.

IF YOU ARE A CREDITOR or a
contingent creditor of the dece-
dent, you must file your claim with
the court and mail a copy to the
personal representative appointed
by the court within the later of
either (1) four months from the date
of first issuance of letters to a
general personal representative, as
defined in section 58(b) of the Cali-
fornia Probate Code, or (2) 60 days
from the date of mailing or
personal delivery to you of a notice
under section 9052 of the California
Probate Code. Other California
statutes and legal authority may
affect your rights as a creditor. You
may want to consult with an
attorney knowledgeable in Cali-
fornia law.

YOU MAY EXAMINE the file kept by
the court. If you are a person inter-
ested in the estate, you may file

with the court a Request for Special
Notice (form DE-154) of the filing of
an inventory and appraisal of estate
assets or of any petition or account
as provided in Probate Code section
1250. A Request for Special Notice
form is available from the court
clerk.

ATTORNEY FOR PETITIONER:
Jason M. Garlick, SBN# 193725
1805 Central Ave.
McKinleyville, CA. 95519
(707) 840-0909
March 20, 2014

SUPERIOR COURT OF CALIFORNIA
COUNTY OF HUMBOLDT

3/27, 4/3, 4/10/2014 (14-103)

NOTICE INVITING BIDS

1. The City of Fortuna ("Owner"),
will accept sealed bids for its
Various Storm Water and Sewer CIP
Projects North of Main Street (CIP#s
9513, 9516, 9519, 9504 & 9506)
Project ("Project"), by or before
April 25th, 2014, at 2:30 p.m., at the
Fortuna City Hall, located at 621 11th
Street, Fortuna, California. 95540, at
which time the bids will be publicly
opened and read aloud. Owner
reserves the right to reject any and
all bids and to waive any non-
substantive irregularities.

2. This Project requires a valid Cali-
fornia contractor's license for the
following classification(s):

**Class A, General Engineering
Contractor** for the water, sewer and
storm drain facilities;

Class C-10 Electrical Contractor
for the replacement of the City of
Fortuna street light conduit;
and any others as may be required
for specialty work.

3. Reduced plans, specifications,
and contract documents for the
Project ("Contract Documents") may
be obtained from the Owner, City
of Fortuna, at the Fortuna City Hall,
located at 621 11th Street, Fortuna,
California, 95540, for a charge of
Twenty Five Dollars (\$25.00) per set.
Full-sized plan sheets are available
on request for an additional charge
of Seven Dollars (\$7.00) per sheet.

4. Each bid must be submitted
using the Bid Proposal Form
provided with the Contract Docu-
ments. Each Bid Proposal must be
accompanied by bid security of ten
percent (10%) of the maximum bid
amount, in the form of a cashier's or
certified check made payable to
Owner, or a bid bond executed by a
surety licensed to do business in
the State of California on the Bid
Bond form included with the
Contract Documents. The bid secu-
rity shall guarantee that upon award
of the bid, the bidder shall execute
the contract and submit payment
and performance bonds and insur-
ance certificates as required by the
Contract Documents within ten (10)
days following notice of award of
the Contract.

5. Pursuant to Section 400 of the
Fortuna City Charter and Section
2.50.090.A of the Fortuna Municipal
Code, this Project is exempt from

State of California prevailing wage
requirements, and is instead subject
to the City of Fortuna's local
prevailing wage requirements.
Pursuant to City of Fortuna Munic-
ipal Code Section 2.50.90, the City
of Fortuna acting in its sole discre-
tion may from time to time, exer-
cise the right granted under its
Charter to establish a mechanism
for determining wages to be paid
on locally funded public works
projects. The wages proposed by
the bidder awarded the Contract
for this locally-funded Project shall
be considered the City of Fortuna's
prevailing wages for this Project.

6. Performance and payment
bonds will be required of the
successful bidder.

7. The substitution of appropriate
securities in lieu of retention
amounts from progress payments is
permitted in accordance with Public
Contract Code Section 22300.

8. Pursuant to Public Contract
Code Section 4104 each Bid
Proposal must include the name
and location of the place of busi-
ness of each subcontractor who
shall perform work or service or
fabricate or install work for the
prime contractor in excess of one-
half of one percent ($\frac{1}{2}\%$ of 1%) of
the bid price, using the Subcon-
tractor List form included with the
Contract Documents.

9. No bid may be withdrawn for a
period of sixty (60) days after the
date set for the opening for bids
except as provided pursuant to
Public Contract Code Sections 5100
et seq.

10. Additional information is
provided in the Instructions and
Information for Bidders, which
should be carefully reviewed by all
bidders prior to submitting a Bid
Proposal.

11. A bidders' conference will be
held on April 15th, 2014 at 2:30 p.m.,
at the Fortuna City Hall, located at
621 11th Street, Fortuna, California,
95540, for the purpose of
acquainting all prospective bidders
with the bid documents and the
Worksites. The bidders' conference
is mandatory.

By: Linda Jensen, City Clerk
Date: 03/24/2014

4/3, 4/10/2014 (14-109)

SUMMONS UNIFORM PARENTAGE PETITION FOR CUSTODY AND SUPPORT NOTICE TO JONATHAN SELLS CASE NUMBER # 124006

YOU ARE BEING SUED
PETITIONER'S NAME IS : MONIQUE
PARKER

You have 30 CALENDAR DAYS
after this Summons and Petition are
served on you to file a Response to
Petition to Establish Parental Rela-
tionship (form FL-220) OR Response
to Petition for Custody and Support
of Minor Children (form FL-270) AT
THE COURT AND SERVE A COPY ON
THE PETITIONER. A letter or phone

call will not protect you.

If you do not file your Response
on time, the court may make orders
affecting custody of your children.
You may be ordered to pay support
and attorney fees and costs. If you
cannot pay the filing fee, ask the
clerk for a fee waiver form. If you
want legal advice, contact a lawyer
immediately.

NOTICE The restraining order on
the back is effective against both
mother and father until the peti-
tion is dismissed, a judgment is
entered, or the court makes further
orders. This order is enforceable
anywhere in California by law
enforcement officer who has
received or seen a copy of it.
The name and address of the court
is: SAN MATEO, 400 COUNTY
CENTER, REDWOOD CITY, CA.
94063, SOUTHERN BRANCH
Petitioner is: MONIQUE PARKER, PO
BOX 4319, ARCATA, CA. 95521
Date: Jan. 09, 2014

/s/ John C. Fitton, Clerk, by Jessenia
Martinez, Deputy
NOTICE TO THE PERSON SERVED:
Your are served as an Individual.

3/20, 3/27, 4/3, 4/10/2014 (14-96)

PUBLIC SALE

Notice is hereby given that the
undersigned intends to sell the
personal property described below
to enforce a lien in said property
pursuant to section 21700-21716 of
the Business and Professions Code,
section 2328 of the UCC section 535
of the Penal Code and provisions of
the Civil Code.

The undersigned will sell at public
sale by competitive bidding on the
3rd day of May, 2014 at 9:30 a.m., on
the premises where the said prop-
erty has been stored and which is
located at AAA Self-Storage, 2350
Central Ave., McKinleyville, CA.,
County of Humboldt, the following:
#18 Sarah Hathcock
#248 Susan Tustison
#276 Paul Aragon

Purchases must be paid for at the
time of the sale in cash only.
Anyone interested in attending the
auction must sign in prior to 9:30
a.m., on the day of the auction, no
exceptions.

All purchase items sold as-is,
where is and must be removed at
the time of sale. Sale is subject to
cancellation in event of settlement
between the owner and the obli-
gated party.
Auctioneer: Don Johnson,
Bond #9044453

4/10, 4/17/2014 (14-121)

**FBN
statements:
\$55**

442-1400

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**CITY OF FORTUNA
NOTICE OF
PUBLIC HEARING**

NOTICE IS HEREBY GIVEN THAT, pursuant to Section 6586.5 of the California Government Code, the City Council (the "City Council") of the City of Fortuna, California (the "City") will hold a public hearing on Monday, April 21, at 6:00 p.m. or as soon thereafter as the matter may be heard, at the regular meeting place of the City Council, located at City Hall, 621 11th Street, Fortuna, California 95540, to consider adopting an urgency ordinance of the City of Fortuna extending Ordinance 2014-706 amending section 17.05.180(d)(1)(b) of the Fortuna Municipal Code relating to political campaign signs. Any interested person may appear at said public hearing to address the Council of the City on the foregoing matters. Linda Jensen, City Clerk, City Of Fortuna

4/10/2014 (14-118)

**FICTITIOUS BUSINESS NAME
STATEMENT 14-00204**

The following persons are doing Business as **LAUNDERLAND** at 420 N Street, Eureka, CA. 95501, 3829 D St., Eureka, CA. 95503
**Jackie Christensen
3829 D St.
Eureka, CA. 95503
Amy Christensen
3829 D St.
Eureka, CA. 95503**

The business is conducted by a Married Couple
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a
I declare the all information in this statement is true and correct.
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).
/s/ Amy Christensen, Owner
This statement was filed with the County Clerk of Humboldt County on March 19, 2014
CAROLYN CRNICH
Humboldt County Clerk

3/27, 4/3, 4/10, 4/17/2014 (14-102)

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EMPLOYMENT

**FICTITIOUS BUSINESS NAME
STATEMENT 14-00203**

The following person is doing Business as **LOVE 2 LIVE** at 1765 I Street, Eureka, CA. 95501
**Katie Berrey
1765 I Street
Eureka, CA. 95501**
The business is conducted by an Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on 4/1/2014
I declare the all information in this statement is true and correct.
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).
/s/ Katie Berrey, Founder
This statement was filed with the County Clerk of Humboldt County on March 19, 2014
CAROLYN CRNICH
Humboldt County Clerk

3/27, 4/3, 4/10, 4/17/2014 (14-110)

**FICTITIOUS BUSINESS NAME
STATEMENT 14-00163**

The following persons are doing Business as **CANTER BIOLOGICAL AND GIS SERVICES, AZALEA ANGORA** at 1463 Anderson Ave., McKinleyville, CA. 95519
**Adam Nelson Canter
Ana Louise Canter
1463 Anderson Ave.
McKinleyville, CA. 95519**
The business is conducted by a Married Couple
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a
I declare the all information in this statement is true and correct.
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).
/s/ Adam N. Canter, Owner
This statement was filed with the County Clerk of Humboldt County on March 4, 2014
CAROLYN CRNICH
Humboldt County Clerk

3/20, 3/27, 4/3, 4/10/2014 (14-93)

**FICTITIOUS BUSINESS NAME
STATEMENT 14-00160**

The following person is doing Business as **FORTUNA WHEEL & BRAKE SERVICE** at 440 S. Fortuna Blvd., Fortuna, CA. 95540
**Ryan A. Walters
2026 Smith Ln.
Fortuna, CA. 95540**
The business is conducted by an Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a
I declare the all information in this statement is true and correct.
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).
/s/ Ryan A. Walters, Owner
This statement was filed with the County Clerk of Humboldt County on March 4, 2014
CAROLYN CRNICH
Humboldt County Clerk

3/20, 3/27, 4/3, 4/10/2014 (14-94)

**FICTITIOUS BUSINESS NAME
STATEMENT 14-00232**

The following person is doing Business as **CLEO'S HOME** at 129 Higgins Street, Eureka, CA. 95503, PO Box 408, Cutton, CA. 95534
**KLLG Corporation
2835 N Street
Eureka, CA. 95501**
The business is conducted by a Corporation
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a
I declare the all information in this statement is true and correct.
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).
/s/ Kamara Gee, President, Owner, KLLG Corporation
This statement was filed with the County Clerk of Humboldt County on April 2, 2014
CAROLYN CRNICH
Humboldt County Clerk

4/10, 4/17, 4/24, 5/1/2014 (14-120)

**FICTITIOUS BUSINESS NAME
STATEMENT 14-00188**

The following person is doing Business as **LAMER TRUCKING** at PO Box 738, Arcata CA. 95521
**Ross C. Lamer
2616 Bolier Ave.
McKinleyville, CA. 95519**
The business is conducted by an Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a
I declare the all information in this statement is true and correct.
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).
/s/ Lamer Trucking, Ross Lamer, Owner
This statement was filed with the County Clerk of Humboldt County on March 12, 2014
CAROLYN CRNICH
Humboldt County Clerk

3/27, 4/3, 4/10, 4/17/2014 (14-106)

**FICTITIOUS BUSINESS NAME
STATEMENT 14-00187**

The following person is doing Business as **HUMBOLDT HOME FOOT-CARE** at 1626 L Street., Eureka, CA. 95501, PO Box 3702, Eureka, CA. 95502
**Abigail Dagmar Pyeatt
1626 L Street
Eureka, CA. 95501**
The business is conducted by an Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on 4/2/14
I declare the all information in this statement is true and correct.
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).
/s/ Abigail D. Pyeatt, Owner
This statement was filed with the County Clerk of Humboldt County on March 12, 2014
CAROLYN CRNICH
Humboldt County Clerk

3/20, 3/27, 4/3, 4/10/2014 (14-95)

**FICTITIOUS BUSINESS NAME
STATEMENT 14-00206**

The following person is doing Business as **KRISTA'S NATR HEALTH** 2251 Fieldbrook Rd., Mckinleyville, CA. 95519
**Krista Laszczewski
2251 Fieldbrook Rd.
McKinleyville, CA. 95519**
The business is conducted by an Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a
I declare the all information in this statement is true and correct.
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).
/s/ Krista Laszczewski
This statement was filed with the County Clerk of Humboldt County on March 20, 2014
CAROLYN CRNICH
Humboldt County Clerk

3/27, 4/3, 4/10, 4/17/2014 (14-101)

**FICTITIOUS BUSINESS NAME
STATEMENT 14-00207**

The following person is doing Business as **POSITIVIBES HYNOTHERAPY** at 908 Samoa, Suite 223, Arcata, CA. 95521
**Kyle David Wannigman
2909 Highland
Arcata, CA. 95521**
The business is conducted by an Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a
I declare the all information in this statement is true and correct.
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).
/s/ Kyle D. Wannigman,
This statement was filed with the County Clerk of Humboldt County on March 20, 2014
CAROLYN CRNICH
Humboldt County Clerk

3/27, 4/3, 4/10, 4/17/2014 (14-104)

**FICTITIOUS BUSINESS NAME
STATEMENT 14-00209**

The following person is doing Business as **BOUNTIFUL BOOTS FAMILY FARM** at 2235 J Street, Eureka, CA. 95501
**Amy Polito
2235 J Street
Eureka, CA. 95501**
The business is conducted by an Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on 3/21/2014
I declare the all information in this statement is true and correct.
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).
/s/ Amy Polito
This statement was filed with the County Clerk of Humboldt County on March 21, 2014
CAROLYN CRNICH
Humboldt County Clerk

3/27, 4/3, 4/10, 4/17/2014 (14-107)

**FICTITIOUS BUSINESS NAME
STATEMENT 14-00214**

The following person is doing Business as **COMFORT OF HOME CATERING** at 135 Sunkist Ln., FIELD-BROOK, CA. 95519
**Lauren Sarabia
135 Sunkist Ln.
Fieldbrrok, CA. 95519**
The business is conducted by an Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on Jan. 2000
I declare the all information in this statement is true and correct.
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).
/s/ Lauren Sarabia, Owner
This statement was filed with the County Clerk of Humboldt County on March 25, 2014
CAROLYN CRNICH
Humboldt County Clerk

4/3, 4/10, 4/17, 4/24/2014 (14-113)

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OR BY

**FICTITIOUS BUSINESS NAME
STATEMENT 14-00224**

The following persons are doing Business as **REDWOOD THRIFT** at 423 N Fortuna Blvd., Fortuna, CA. 95540

Tim R. Thurman
410 Ackerman Ln.
Carlotta, CA. 95528
Joyce M. Thurman
410 Ackerman Ln.
Carlotta, CA. 95528

The business is conducted by a Limited Liability Company
The date registrant commenced to transact business under the fictitious business name or name listed above on May 1, 2014
I declare the all information in this statement is true and correct.
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).
/s/ Tim R. Thurman, Owner
This statement was filed with the County Clerk of Humboldt County on March 28, 2014
CAROLYN CRNICH
Humboldt County Clerk

4/3, 4/10, 4/17, 4/24/2014 (14-115)

**FICTITIOUS BUSINESS NAME
STATEMENT 14-00205**

The following person is doing Business as **YARN** at 418 2nd St. Eureka, CA. 95501

Sunni Lynn Scrivner
2926 Lowell St.
Eureka, CA. 95501

The business is conducted by an Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on 6/2008
I declare the all information in this statement is true and correct.
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).
/s/ Sunni Scrivner Owner
This statement was filed with the County Clerk of Humboldt County on March 20, 2014
CAROLYN CRNICH
Humboldt County Clerk

3/27, 4/3, 4/10, 4/17/2014 (14-99)

**FICTITIOUS BUSINESS NAME
STATEMENT 14-00217**

The following persons are doing Business as **RIO DELL ARTE** at 378 Wildwood Ave., Rio Dell, CA. 95562

Lawrence D. Arsenault
378 Wildwood Ave.
Rio Dell, CA. 95562
Alice C. Millington
378 Wildwood Ave.
Rio Dell, CA. 95562

The business is conducted by Copartners
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a
I declare the all information in this statement is true and correct.
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).
/s/ Alice Millington, Co-Owner
This statement was filed with the County Clerk of Humboldt County on March 25, 2014
CAROLYN CRNICH
Humboldt County Clerk

4/10, 4/17, 4/24, 5/1/2014 (14-122)

**FICTITIOUS BUSINESS NAME
STATEMENT 14-00226**

The following persons are doing Business as **WORKSPACE** at 426 1st. Street, Eureka, CA. 95501

Best Address Properties, LLC
426 1st. Street
Eureka, CA. 95501

The business is conducted by a Limited Liability Company
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a
I declare the all information in this statement is true and correct.
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).
/s/ Joseph R. Vellutini, Owner/Member
This statement was filed with the County Clerk of Humboldt County on March 28, 2014
CAROLYN CRNICH
Humboldt County Clerk

4/3, 4/10, 4/17, 4/24/2014 (14-116)

**FICTITIOUS BUSINESS NAME
STATEMENT 14-00228**

The following persons are doing Business as **D STREET FARM** at 3346 D St., Eureka, CA. 95503

Robert Lewis Edwards
3346 D St.
Eureka, CA. 95503
Noreen Lenore Edwards
3346 D St.
Eureka, CA. 95503

The business is conducted by a Married Couple
The date registrant commenced to transact business under the fictitious business name or name listed above on 4/1/14
I declare the all information in this statement is true and correct.
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).
/s/ Noreen L. Edwards, and Robert L. Edwards, Owners
This statement was filed with the County Clerk of Humboldt County on April 1, 2014
CAROLYN CRNICH
Humboldt County Clerk

4/10, 4/17, 4/24, 5/1/2014 (14-119)

**STATEMENT OF
ABANDONMENT OF USE OF
FICTITIOUS BUSINESS NAME
FILE NO. 12-00067**

The following person have abandoned the use of the fictitious business name **COMFORT OF HOME CATERING/ OLD WORLD COOKIES**. 135 Sunkist Ln., Fieldbrook, CA. 95519
The fictitious business name was filed in HUMBOLDT County on Nov. 13, 2012

Sally Huber
PO Box 1/ 200 Corral Bottom Rd.
Hyampom, CA. 96046
Lauren Sarabia
135 Sunkist Ln.
Fieldbrook, CA. 95519

This business was conducted by: General Partnership
/s/ Lauren Sarabia
This state was files with the HUMBOLDT County Clerk on the date March. 25, 2014
I hereby certify that this copy is true and correct copy of the original statement on file in my office
CAROLYN CRNICH
Humboldt County Clerk

4/3, 4/10, 4/17, 4/24/2014 (14-114)

**ORDER TO SHOW CAUSE FOR
CHANGE OF NAME
AUSTIN MICHAEL
DAUENHAUER
CASE NO. CV140196
SUPERIOR COURT OF
CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH STREET
EUREKA, CA 95501**

PETITION OF:
AUSTIN MICHAEL DAUENHAUER
TO ALL INTERESTED PERSONS:
Petitioner: AUSTIN MICHAEL DAUENHAUER
for a decree changing names as follows:
Present name
AUSTIN MICHAEL DAUENHAUER
to Proposed Name
AUSTIN DAUENHAUER FORTINO
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: May 21, 2014
Time: 1:45 p.m., Dept. 8
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH STREET
EUREKA, CA 95501
Date: March 24, 2014
Filed: March 24, 2014
/s/ W. BRUCE WATSON
Judge of the Superior Court

4/3, 4/10, 4/17, 4/24/2014 (14-114)

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**NOTICE OF RIGHT TO CLAIM EXCESS PROCEEDS
FROM THE SALE OF TAX-DEFAULTED PROPERTY
MADE PURSUANT TO SECTION 4676, REVENUE AND TAXATION CODE**

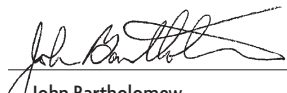
Excess proceeds have resulted from the sale of tax-defaulted property on February 22nd-25th, 2014, listed below. Parties of interest, as defined by California Revenue and Taxation Code Section 4675, are entitled to claim the excess proceeds.

All claims must be in writing and must contain sufficient information and proof to establish a claimant's right to all or any part of the excess proceeds. Claims filed with the county more than one year after recordation of the tax collector's deed to the purchaser on March 13th, 2014, cannot be considered.

ASSESSOR'S ASSESSMENT NO.	PROPERTY ADDRESS/LOCATION	LAST ASSESSEE
040-091-009-000	No Situs	Eric Meyers
095-011-003-000	180 Maple Dr/ Weott	Daniel Haven
109-071-012-000	183 Marten Way/ Shelter	Dinesh Shah
109-081-033-000	1047 Puma Dr/ Shelter Cove	Marisol Mendez
109-131-057-000	192 Muskrat Cir/Shelter Cove	Michael Jacobsen
109-221-022-000	153 Horseshoe Ct/Shelter Cove	Kathleen A Dervin
109-321-022-000	250 Hillside Dr/ Shelter Cove	Steven H & Mille White
110-121-022-000	500 Toth Rd/Shelter Cove	Karen Senecal
110-131-046-000	688 Hillside Dr/Shelter Cove	Hosam J Jom

Claim forms and information regarding filing procedures may be obtained at the Humboldt County Tax Collector's Office, 825 5th Street, Room 125, Eureka, CA 95501 or by calling (707) 476-2450 or toll free (877) 448-6829 between 8:30 am-Noon and 1:00pm-5:00pm, Monday through Friday.

I certify or (declare), under penalty of perjury, that the foregoing is true and correct.


John Bartholomew
Humboldt County Tax Collector

Executed at Eureka, Humboldt County, California, on April 4th, 2013. Published in the *North Coast Journal* on April 10, April 17 and April 24, 2014, 2014.

4/10, 4/14, 4/24/2014 (14-111)

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/COCKTAILCOMPASS

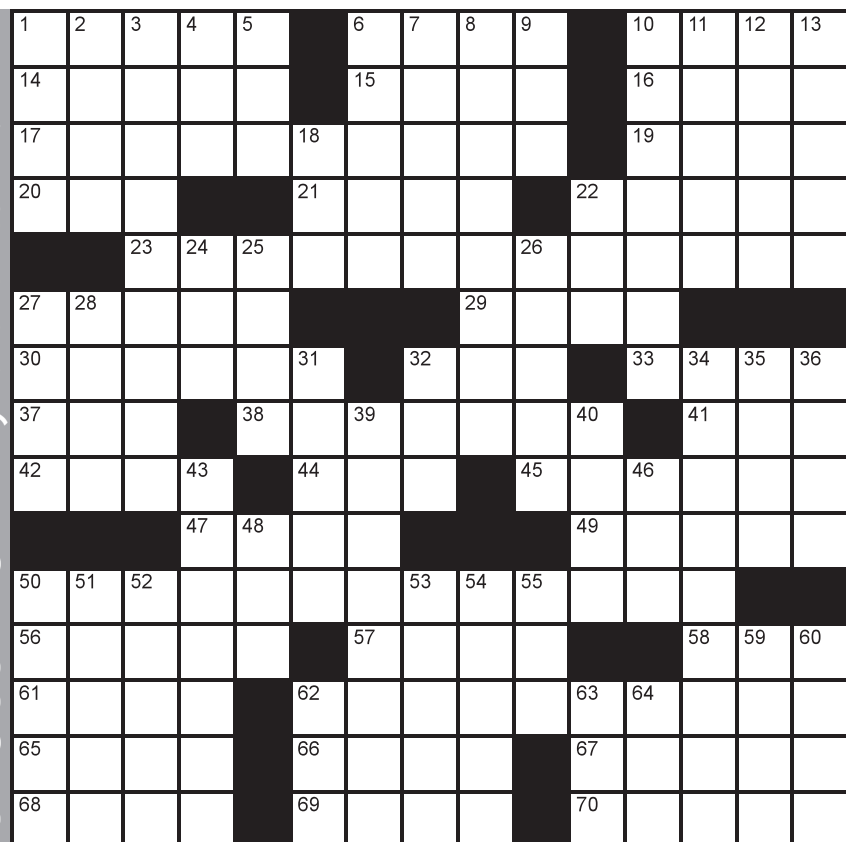


RESTAURANTS, MUSIC, EVENTS,
MOVIE TIMES, ARTS LISTINGS, BLOGS

m.northcoastjournal.com

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to go, right on your phone.





YOGA

ANSWERS NEXT WEEK!

ACROSS

1. Sideways on a ship
6. Triangular sails
10. Eminem's "Just ____"
14. Cheeky
15. "She's ____ doll" (4 Seasons lyric)
16. Ritzy
17. How some drinks are ordered ... or a good name for a 62-Across
19. Have ____ with
20. LAX monitor info
21. Boundless
22. Little fella
23. Cramped person's desire ... or a good name for a 62-Across
27. Oregon's capital
29. Gray wolf
30. May 1, in Hawaii
32. Pub pour
33. Texter's "Take that as you will"
37. Subj. of the 2005 book "Many Unhappy Returns"
38. Bart Simpson catchphrase
- ... or a good name for a 62-Across
41. Actor Butterfield of "Hugo"
42. Eponymous scale developer
44. ____ room
45. Cause for alarm
47. "Take a Chance on Me" group
49. Wined and dined
50. Significant amount of time ... or a good name for a 62-Across
56. Dark
57. Apple and peach, e.g.
58. Mag. staff
61. Thor's father
62. Establishment that might have a fun name like "There's No Place Like Om," e.g.
65. DVR brand
66. Jay of "Jerry Maguire"
67. Kitchen draw
68. Tree of Life locale
69. "Marching" insects
70. "The Odd Couple" role

DOWN

1. "For ____ all know ..."
2. Switch's partner
3. Create
4. Shade of gray
5. R&B singer with the hit "It's All About Me"
6. Speak abusively to
7. Kind of coffee or whiskey
8. Setting of an historic 7/14/1789 event
9. Mil. rank
10. Two
11. NBA All-Star Rajon ____
12. "Like me"
13. ____ Penh, Cambodia
18. FDR power project: Abbr.
22. Putin's former org.
24. Bloodshot
25. Slate, e.g.
26. Ceaselessly
27. Like some pickings
28. Flying start?
31. San Francisco's ____ Buena Island
32. "Modern Family" network
34. Film in which Robert De Niro's character says "We're not gonna have a war, we're gonna have the appearance of a war"
35. "Ah, that makes sense"
36. Voting district
39. 1/678 gallon
40. President known as "Big Bill"
43. Audited, as a college course
46. Japanese computer giant
48. "Wanna ____?"
50. Repeat word for word
51. Reversed
52. "As ____ and breathe!"
53. Like best friends
54. Brings up
55. Suffix with baron
59. Stopping point?
60. Zoom up
62. Soprano Sumac
63. Letter after sigma
64. Gravesight site

FIELD NOTES



THE VALUE OF REGULAR MAMMOGRAM SCREENING IS INCREASINGLY QUESTIONED. RESULTS FROM AN EVALUATION OF 31,000 WOMEN, PUBLISHED IN 2011 ("THE COCHRANE COLLABORATION"), CONCLUDED THAT MAMMOGRAMS REDUCED BREAST CANCER DEATHS BY JUST 0.05 PERCENT, WHILE RESULTING IN COUNTLESS UNNECESSARY TREATMENTS. NATIONAL CANCER INSTITUTE

Cancer: Evolution While-You-Wait

By Barry Evans

fieldnotes@northcoastjournal.com

Every second, some 4 million cells in each of our bodies clone themselves by copying their DNA into two new cells, each virtually identical to its parent. The process isn't perfect, and occasionally a mutation occurs — if the process were perfect, we'd never have gotten beyond the original cell that kick-started life on Earth. Mutated cells usually die right away, but sometimes they survive. Countless reproductions later, their progeny become cancerous, forming a tumorous colony of "rogue" cells that can somehow evade the body's macrophages and other natural defenses. Not so difficult, since they're not exactly alien cells.

Researchers spent decades trying to figure out how many original mutated cells it takes to create a cancerous tumor. Thousands? Millions? The answer came in 2000, when researchers Douglas Hanahan and Robert Weinberg published "the single most influential paper on the biology of cancer," in the words of science journalist George Johnson. They dubbed their finding the "monoclonal theory," which is a giveaway: cancer starts with just a single mutation. This is why the disease is so common, and why only a fraction of cancers — perhaps a quarter, the jury's out — result from genetic, environmental or lifestyle causes. That is, for the most part, cancer strikes randomly. (Even smoking increases one's chances of getting lung cancer fractionally — the good news for smokers is that they still have "only" a 1 in 8 chance of dying from lung cancer, but the bad news is that they are 20 times more likely to die of the disease than non-smokers.)

Other than surgery, the two most common forms of cancer treatment are chemotherapy and radiation. Both work by interfering with cancer cells while they are dividing, the time when they are most vul-

nerable. Compared with most healthy cells, cancer cells divide very rapidly — think of it as "evolution while-you-wait." Unfortunately, some non-cancerous cells also reproduce quickly, including those in hair follicles, stomach lining and bone marrow (the source of immune cells). That's why chemo treatment (and to a lesser extent, radiation, which is more focused) causes baldness, nausea and immunosuppression.

The second most common form of cancer, after prostate, is breast cancer, the detection and treatment of which are particularly controversial. Do mammograms help or hinder? (False positives result in about 10 women receiving unnecessary and painful treatment for every life saved.) Is chemotherapy the best way to tackle it? (Probably not for post-menopausal women diagnosed with breast cancer, for whom chemo offers a paltry average of a 3 percent increase in their 10-year survival rate.)

The more we understand the disease, the more quixotic is the "War on Cancer" launched by President Nixon in 1971. Forty-plus years later, the war has not been won. Cancer is still the leading cause of death, with only a marginal drop in mortality rates since 1970, and it now appears unwinnable. No wonder. We live in an imperfect world where mutations are inevitable. Genetic errors such as those that cause cancer are part and parcel of life itself; to conquer cancer we'd have to conquer entropy!

Perhaps the best we can hope for in the future is a strategy of isolating tumors while maintaining them in a latent state. That is, learning to live with cancer. ●

Barry Evans (barryevans9@yahoo.com), who is 71, notes that 70 percent of men in their 70s who die of other causes already have prostate cancer.

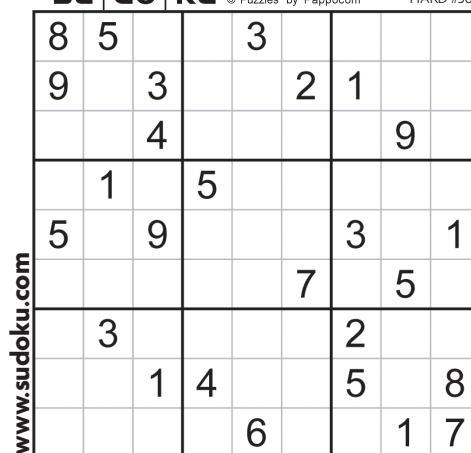
LAST WEEK'S ANSWERS TO UTNE



su | do | ku

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HARD #36



Lost & Found

LOST KITTY. Lost male, solid black long hair kitty named Jumper, no collar. Lost around Spring & Buhne in Eureka. Please call (707) 616-8063

Clubs/Orgs



EUREKA'S 10TH ANNUAL DEALER CO-OP ANTIQUE SHOW

Sat. April 12, 9 a.m.-5 p.m.,
Sun. April 13, 9 a.m.-4 p.m.,
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\$2.00 Admission,
Free Parking, Food,
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Redwood Acres Fairgrounds
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FREE MEDICARE WORKSHOPS OFFERED BY AREA 1 AGENCY ON AGING'S
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Next class:
Medicare Basics for Boomers, 4-5 p.m., May 8.
On deck: Supplementing Medicare, June 12, 4-5 p.m.

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Opportunities



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For more information call 445-7039. (E-0410)



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Cage Cashier

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Cher-Ae Heights is an alcohol and drug free workplace with required testing.

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YUROK TRIBE JOB OPENINGS

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FISCAL DIRECTOR

FT/RG Klamath \$84,278-\$109,560 FF Date O.U.F

HEAD START TEACHER

FT/RG Klamath \$36,896-\$47,964 FF Date O.U.F

TERO FIELD REPRESENTATIVE

FT/RG Klamath \$15.45-\$20.09 \$17.23-\$22.39 FF Date O.U.F

GRANTS/CONTRACT COMPLIANCE OFFICER

FT/RG Klamath \$59,130-\$76,867/\$70,873-\$92,134 FF Date O.U.F

BOOKKEEPER ACCOUNTS RECEIVABLE

FT/RG Klamath \$19.15/\$21.20/\$23.42 FF Date 4/18/14

ACCOUNTANT II

FT/RG Klamath \$48,871-\$63,528 FF Date 4/18/14

CHILD AND FAMILY SERVICE WORKER

FT/RG \$39,954/\$44,249/\$48,871 FF Date 4/18/14

All positions require a completed Yurok Tribe application. Any questions please call (707) 482-1350 ext. 1376 or log onto www.yuroktribe.org. Join us on Facebook: www.facebook.com/yuroktribehumanresources



PATIENTS' RIGHTS ADVOCATE

Humboldt County Department of Health & Human Services, Mental Health is accepting Letters of Interest for an independent contractor to serve as a Patients' Rights Advocate.

The Patients' Rights Advocate provides mental health patient advocacy, including representation at certification review hearings, informing patients of their rights, investigating and attempting to resolve complaints, monitoring facilities for compliance with patients' rights and training Mental Health staff members on patients' rights.

Salary for this contracted position will be paid at \$25.00/hr and hrs worked will not exceed 20 hrs/wk.

Individual selected will be required to pass background and possess a valid CDL.

If interested please go to www.co.humboldt.ca.us/rfp/ to review list of duties and qualifications for the position.

Email HHSMB@co.humboldt.ca.us, or call 707-268-2990 for more information.

Opportunities



14 W. Wabash Ave.
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PATIENT COORDINATOR

1 F/T Eureka

MEDICAL RECEPTIONIST

1 TEMP Willow Creek, 1 F/T Eureka

REFERRAL SUPPORT CLERK

1 P/T Crescent City (20 hours/week)

DENTAL HYGIENIST

1 F/T Crescent City

DENTIST

1 F/T Crescent City

MEDICAL ASSISTANT

1 F/T Crescent City, 1 F/T Arcata

REGISTERED NURSE

1 F/T Arcata, 1 Temp P/T Willow Creek

REGISTERED DENTAL ASSISTANT

1 F/T Eureka

RN CLINIC COORDINATOR (SUPV)

1 F/T Willow Creek, 1 F/T Crescent City

BEHAVIORAL HEALTH DIRECTOR

1 F/T Arcata

INTEGRATED BEHAVIORAL HEALTH COUNSELOR

1 F/T Eureka

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The City of Eureka
Community Development
Director
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The Ideal candidate will have strong leadership and administrative skills, at least seven years of comprehensive senior level experience in urban planning, including at least three years of administrative supervisory experience. A Master's degree is preferred.

Visit www.ci.eureka.ca.gov for more information regarding this position, the City's generous benefit package, and how to apply on line. Or call the City's job information line at (707) 441-4134 to request a packet to be mailed to you.

Closing date 5:00 P.M. 04/25/2014



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Entry level position responsible for a variety of water distribution and sewer collection maintenance, repair, and construction assignments with general supervision.

Must be 18 and have valid CDL. Must obtain a Water Distribution 1 certification within 24 months of hire date. Must obtain a Class B California Drivers License within 6 months of hire date. Prior work in related field preferred.

Complete job description and required application available at friendlyfortuna.com or City of Fortuna, 621 11th Street, 725-7600.

Application packet must be received by **5:00 pm on Friday, April 18, 2014**

Opportunities



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L.V.N.

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\$100 SALE
Tuesday, April 15th



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Must be 21 and over.

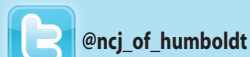


\$19.99

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1 year old, 45 inches tall.
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Cleaning

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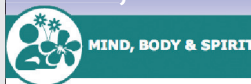
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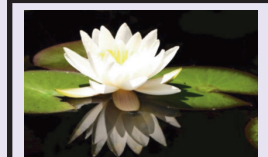
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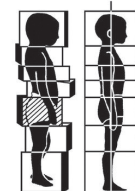
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